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OTTAWA
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Monday, December 5, 2011
www.metronews.ca



News worth sharing.



Friendly start to NDP debate

► Topp, Mulcair tout provincial cabinet experience ► Dewar, Topp square off over taxes and job creation

The nine candidates in the New Democrat leadership race played nice as they faced off in the first official debate of the contest in Ottawa yesterday.

"I am in violent agreement with my colleagues," British Columbia MP Nathan Cullen quipped at one point as all candidates agreed they would bring back a bill for a national housing strategy should the New Democrats form government.

The race to replace the late Jack Layton began in earnest yesterday with the first of six official debates between the nine candidates gunning for the top job.

The bilingual debate was on the economy.

Veteran party strategist Brian Topp, Ottawa MP Paul Dewar, Toronto MP Peggy Nash and Manitoba MP Niki Ashton all released economic or job-creation strategies in the days leading up to the debate and they all outlined them during opening statements and while answering questions.

The other candidates in the debate were Outremont Quebec MP Thomas Mulcair, Abitibi — Baie-James — Nunavik — Eeyou

Quebec MP Roméo Saganash, Nova Scotia MP Robert Chisholm and Nova Scotia pharmacist Martin Singh.

There was some sparring between Topp — a perceived frontrunner in the race so far — and Dewar during a question about what they would do to boost the environmental economy.

Topp asked Dewar if he planned to raise the GST to help pay for his job-creation strategy, which includes a permanent national infrastructure program. Dewar said he would reverse corporate tax cuts.

When Topp, who released a plan last week calling for an increase in income taxes for wealthy people and big companies, kept pressing the point, Dewar suggested he had gone off topic.

"I thought we were talking about the environment and you're talking about taxes," Dewar said.

TORSTAR NEWS SERVICE



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► NDP Leadership candidates, from left, Paul Dewar, Brian Topp and Thomas Mulcaire take part the first round of debates in Ottawa yesterday.

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Start of tradition to honour vets

- Wreaths Across Canada hopes all Canadians will replicate wreath-laying ceremony
- Public will have two weeks to see wreaths at Beechwood Cemetery before they are removed



JOE LOFARO
@METRONEWS.CA

Hundreds of families helped lay more than 2,700 wreaths on headstones yesterday to honour veterans buried at the Beechwood Cemetery in a special ceremony that, for many, will turn into a tradition.

Gail Evans Lalonde helped lay a wreath for her father, David Evans, a gunner for the Canadian army during the Second World War. He injured his leg in a motorcycle accident during night patrol in Italy and was brought back to Canada by an English hospital ship on VE-Day.

He died on June 12, 2000 in Canada.

Lalonde brought her twin grandchildren Maggie and Matthew, both 10, and their sister, Emma, 15, to the ceremony. Their aunt Judy came too and listened to Chief of the Defence Staff Gen. Walter Natynczyk deliver a speech about offering respect and dignity to Canada's veterans.

"Look at it — it's stunning to see this," said Lalonde as she glanced over rows upon rows of balsam wreaths sitting at the foot of each headstone. "It was a wonderful idea to commemorate and remember all of the people."

Maggie and Matthew never met their great-grandfather, and Emma was too young to remember him when he was alive.



► Fifteen-year-old Emma Vita, left, and twin siblings Matthew and Maggie, 10, crouch next to the headstone of their great-grandfather David Evans during a wreath-laying ceremony at Beechwood Cemetery yesterday.

Lalonde said from now on they can come on the first Sunday of every December to lay a wreath on his headstone together.

"Hopefully it will go on in other generations," said Lalonde.

As stunning as the ceremony was, Wreaths Across Canada president Craig McPhee is waiting for the

"I want to say how thrilled I am to see all the young people who are here today. That is so important, for the legacy and tradition of service be carried on by those young Canadians."

GEN. WALTER NATYNCZYK

snow to arrive and blanket the cemetery.

"I want that million-dollar picture," said

McPhee.

McPhee got the idea to have a wreath-laying ceremony in the National Mili-

tary Cemetery after he attended one four years ago at the Arlington Cemetery in Washington, D.C.

Since then he has been working behind the scenes with retired Canadian generals to make his version a reality.

"It brings tears to my eyes. It's just amazing," he said.

1
news



The U.S. government's post-BP-spill analysis contains good news for the bluefin-tuna fishery in the Gulf of Mexico. Scan the code for the story.

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Chaos in the wake of Oklahoma State's football victory over its state rival leaves 12 injured.
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Warm weather stalls skiers hitting slopes

- Ski hills opening later every year
- Resort operators suspect global warming may be to blame for delay



SEAN MCKIBBIN
@METRONEWS.CA

Warm weather is keeping many of the region's ski hills closed, with only one, Camp Fortune, opening a single run this weekend.

"We are one week behind schedule," said Camp Fortune spokesperson Erin Boucher.

"Our goal is always to open as early in November as possible, but it seems the weather has us opening later every year. We are a week behind where we were last year."

While Boucher said she didn't have scientific data to back it up, she said "one might suspect," global warming is to blame.

"Ten or 12 years ago we

used to be able to open around the beginning of November," she said.

"Now we look at Dec. 1 as our target."

A check with other local hills found many operators hopeful that they will be open within the next week or so, but none was willing to make any predictions.

"We're making snow and we're aiming for Dec. 9, but I can't make any promises," said Genevieve Desjardins, a customer-service representative at Mont Cascades.

Farther away, Mont Tremblant had six runs open yesterday, and Saint Sauveur had three.

An employee at Calabogie said Dec. 10 is the target date for skiing to start there.

Fa. La la la la



► From left: Former Cumberland mayor Brian Coburn, former Vanier mayor Guy Cousineau, Ottawa Mayor Jim Watson, former Kanata mayor Marianne Wilkinson and former Osgoode mayor Doug Thompson sing Christmas carols for residents at Villa Marconi yesterday.

JOE LOFARO/METRO

Mayor's carol in Christmas spirit for seniors

It was no Prince concert, but the Old Grey Mayors of Ottawa had residents of Villa Marconi singing and laughing yesterday morning as they put on a Christmas-carol singalong. The tradition dates back to 2002, when former mayors prior to the amalgamation of the city of Ottawa got together to sing Christmas carols for seniors. This year the group — led by Mayor Jim Watson — chose Villa Marconi, a long-term-care facility. They sang White Christmas, Jingle Bells, Joy to the World and their signature Old Grey Mayors song.

RBC banking on current acts for Bluesfest



STEVE COLLINS
OTTAWA@METRONEWS.CA

Cisco Ottawa Bluesfest is getting a name change as part of a new five-year sponsorship deal with RBC,

Royal Bank announced Friday.

"The festival going forward will be called the RBC Royal Bank Bluesfest," said Mark Monahan, the festival's executive director.

"Cisco will remain as a major partner and will now focus its efforts on technology and innovations within the event."

"The event will be powered by Cisco and they will remain as a major sponsor."

"We're proud to partner with one of North America's premier music festivals and reaffirm our commitment to Ottawa from both a business and a cultural perspective," said Jeff Boyd,

RBC's regional president for northern and eastern Ontario.

Boyd said he was excited about supporting Bluesfest's youth-oriented programs like Blues in the Schools and Be in the Band.

As for the music, Monahan said next year's lineup will reflect an increase in younger audience members.

"There's going to be a real focus on the programming to bring in some

current music and continue that trend, which I think is the future of the event," he said.

The official 2012 lineup will be announced at the festival's launch at the Canadian War Museum April 24.

RBC Royal Bank says its Ottawa sponsorships and donations have topped \$11 million over the past five years. Bluesfest 2012 will be held at LeBreton Flats, running July 4-15.

STEVE COLLINS/FOR METRO



► Mark Monahan

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Green-energy project up in smoke

Ontario's fire marshal is looking into a blaze that charred a barn in Pembroke.

The fire erupted Satur-

day afternoon in a barn that held a project to convert manure and biofuels into heat and electricity.

Crews from six rural fire departments responded to the call.

There were no injuries and no cattle died in the flames.

THE CANADIAN PRESS

Police look for gun-toting, bandana-wearing bandit

Ottawa police are asking for help tracking down a man who robbed a store at gunpoint on the 1400 Block of Highgate Road early yesterday. The man is between five-foot-eight and six feet,

mid- to late 20's, thin, wearing a black bandana, grey hoodie, and white pyjama pants. There were no injuries, and the suspect fled on foot. Call 1-800-222-8477 (TIPS). ● METRO

OIFF puts Spotlight on rockumentary



SEAN MCKIBBIN
@METRONEWS.CA

The Ottawa Rock Lottery took 25 local musicians, randomly matched them up into five new bands and gave them all 24 hours to create concert sets.

But while the musicians were frantically trying to meet each other, write original music and practise for the concert, there was also a film crew trying to capture all of the creative mayhem.

"I'm excited to see it, there's probably going to be lots of laughs at the screening," said musician Sean Tansey, of the upcoming screening at the Ottawa International Film Festival (OIFF).

Tansey, who plays guitar in the band Miss Polygamy, said the lottery was an eye-opening experience as he made friends and found himself taking on a new, more laid-back creative role as he was drafted as a drummer in

the lottery band.

Other bands in the film include The Love Machine, winner of Live 88.5's Big Money Shot, as well as The Acorn, The Murder Plans and others.

"The Spotlight Series was created not only to promote Ottawa filmmakers and their work but to also show the city just how much great work is being done here," said Spotlight Series manager Shawn Kazda.

Tickets for the show are

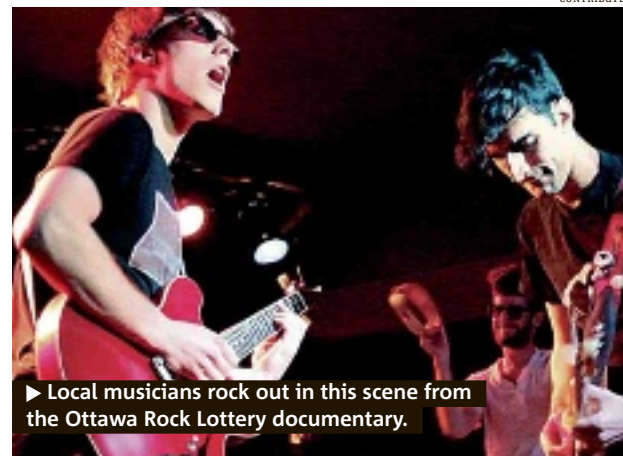
Screening

► **Ottawa Rock Lottery** by the Indefinite Project is being screened at the Mercury Lounge on Dec. 14 from 7 p.m. to 9:30 p.m.

► **The documentary** is part of the Ottawa International Film Festival's Spotlight Series.

\$8 at the door.

For more information go to oiff.ca or ottawarocklottery.com.



► Local musicians rock out in this scene from the Ottawa Rock Lottery documentary.



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Ex-UN chief disheartened by climate talks

► While leaders sincerely want a deal on climate change, they seem to have no control over the process, he says

Yvo de Boer said he left his job as the UN's top climate official in frustration 18 months ago, believing the process of negotiating a meaningful climate agreement was failing. His opinion hasn't changed.

De Boer said world leaders have failed to become deeply engaged in efforts to reach an international accord to control greenhouse-gas emissions causing global warming. In recent years, their inattention has

"You've got a bunch of international leaders sitting 85 storeys up on the edge of a building, saying to each other, you jump first and I'll follow. And there is understandably a reluctance to be the first one to jump." YVO DE BOER, FORMER UN CLIMATE CHIEF

been compounded by their preoccupation with the economic and eurozone crises.

For three years until 2010, the Dutch civil servant was the leading voice on global warming on the world stage. He appeared

constantly in public to advocate green policies, travelled endlessly for private meetings with top leaders and laboured with negotiators seeking ways to finesse snags in drafting agreements. **THE ASSOCIATED PRESS**

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Turkey. Ritual



KEITH BEATY/TORSTAR NEWS SERVICE

► People walk through Honest Ed's in Toronto to get a free turkey yesterday. The late Ed Mirvish began the turkey giveaway in 1987, and today his son David Mirvish, foreground, was on hand to give away the birds.

Ed's turkey giving endures

About 1,500 people lined up in order to get a free turkey at the 24th annual Honest Ed's turkey giveaway. The store had 12,000 pounds of turkey so almost everyone who lined up left with a bird ... and a fruitcake. The lineup began on Friday.

Occupy Winnipeg camp heats up

The Occupy Winnipeg camp saw another suspicious fire on the weekend, the third one reported in less than two weeks.

Firefighters responded to a 911 call that came in at 3:40 a.m. Saturday and extinguished a fire set on the ground under a white festival tent. Nobody was injured in the fire, which ignited a square section of carpeting in the middle of the tent.

Winnipeg Police Service Const. Rob Carver said only grass was damaged and no accelerants were used. Police questioned an individual walking in the area, but his alibi checked out.

Occupier Rob Gaumond said it's not clear if the fire

Repeated Fires

Occupy Winnipeg had two previous fire incidents.

- The first fire, set under the same white tent, was put out by a local resident. An occupier said it appeared to be a deliberate attempt to burn the tent down. Police could not confirm this.
- The second fire, two days later used an accelerant and destroyed a brand new all-season tent.

was another arson attempt or a homeless person trying to keep warm. He said four empty tents were also vandalized around the time of the Saturday's fire. ● METRO

Violent flyer diverts flight

► Unruly passenger uttered bomb threat on WestJet plane to Toronto
► Man has history of mental illness

DAVID PROCTOR
OTTAWA@METRONEWS.CA
METRO CANADA IN VANCOUVER

A WestJet flight from Vancouver to Toronto was diverted to Thunder Bay, Ont., on Saturday when a passenger allegedly grew violent.

The man, a 27-year-old Portuguese citizen with a history of mental illness, was restrained by the crew. He allegedly uttered a bomb threat once the plane landed. An overnight search of the aircraft by Ontario and Thunder Bay police turned up nothing, and the plane completed its flight yesterday.

"It is extremely rare that

we have to divert for an unruly guest," explained WestJet media relations manager Robert Palmer.

"Normally speaking, if the individual that was behaving inappropriately calms down ... we'll resume the flight and call the police to meet us at the destination. Only in extreme situations like this do we divert, which shows you what kind of concern was expressed by the crew."

The man was taken into custody by the Thunder Bay Police Service and brought to the Thunder Bay Regional Health Centre for a medical assessment. No charges have been laid.

Hong Kong. Ceremony



► Canadian veterans, from left, Ken Pifher, Gerry Gerrard and George Peterson salute during the Canadian Commemorative Ceremony on the 70th anniversary of the Battle of Hong Kong at Sai Wan War Cemetery yesterday in Hong Kong.

KIN CHEUNG/THE ASSOCIATED PRESS

Honouring our heroes

The ceremony honoured the 1,975 Canadian soldiers who fought to defend Hong Kong during the Second World War and remembered over 550 Canadian soldiers who died in the battle.

Two Mounties shot during standoff

HEATHER MCINTYRE
IN EDMONTON

Two RCMP officers were shot early yesterday during a standoff southwest of Edmonton.

Both were transported to hospital with non-life-threatening injuries following an exchange of gunfire at 3:30 a.m. at a rural residence 18 kilometres west of the Village of Breton.

"They're non-life-threatening injuries," said RCMP Sgt. Tim Taniguchi. "One is

superficial and the other is more serious."

The officers, from Red Deer and members of the RCMP emergency response team, were called at 5:20 p.m. Saturday following a complaint that a 35-year-old man had been shot outside the home.

That man was transported to hospital.

The standoff came to an end just before 11 a.m. yesterday when both a man and a woman from inside were taken into custody.

Bus strikes and kills Montreal girl

A five-year-old girl was struck and killed by a city bus in Montreal, police said yesterday.

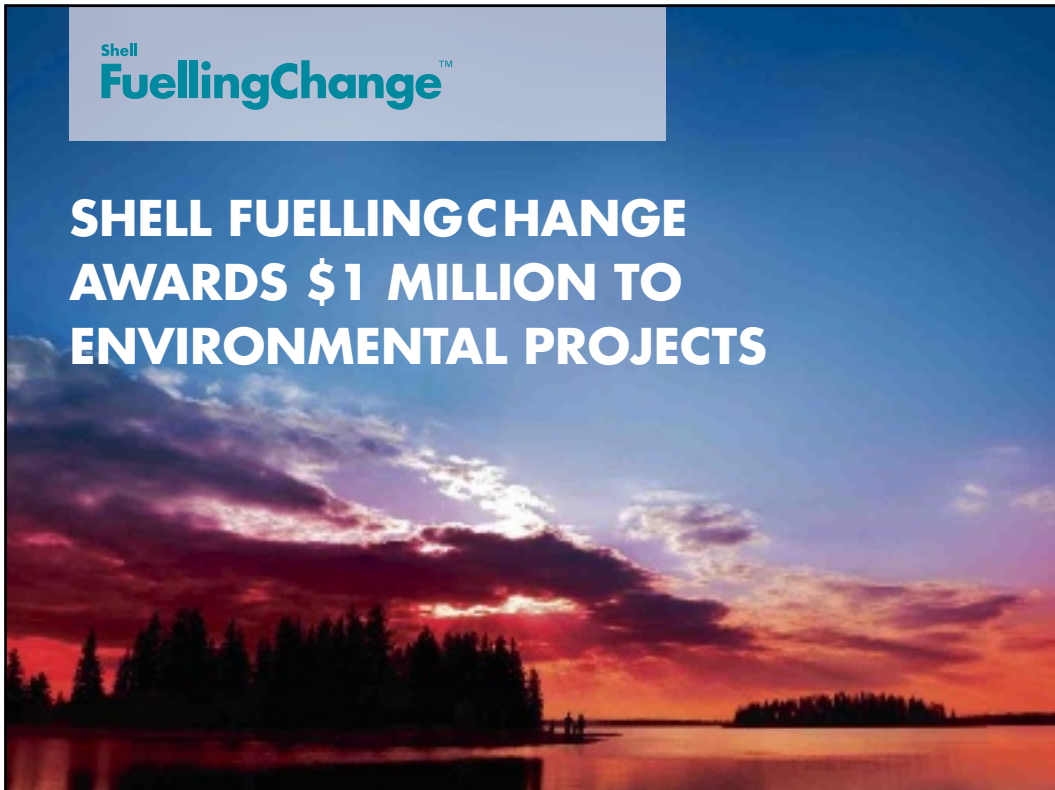
The bus was headed to-

ward a reserved parking area at a busy subway terminus in the city's east end Saturday evening and hit the girl as she was crossing the street.

The child was rushed to hospital, where she died soon after, said Montreal police Const. Daniel Lacoursiere. **THE CANADIAN PRESS**

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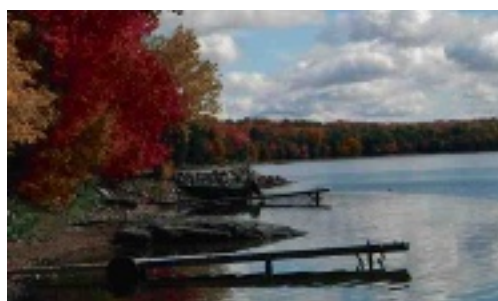
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Shaking the status quo

► Singapore SlutWalk protests sexual violence against women

Hundreds of people gathered at a park in Singapore yesterday to protest sexual violence against women as part of the global SlutWalk movement, in a rare public demonstration in the tightly controlled city state.

The event featured live music, speeches and a women's Muay Thai martial-arts exhibition at downtown Singapore's Speakers' Corner, the only public outdoor space where demonstrations are allowed in the Southeast Asian country.

Participants at the rally did not dress provocatively as some activists have in SlutWalks in U.S. and Canadian cities.

"The idea was not to vamp it up, because women can get raped regardless of what they're wearing," said Vanessa Ho, who organized

the event with six friends. "We're trying to raise awareness against victim-blaming and slut-shaming."

SlutWalk marches have been held in cities around the world, including earlier this year in New Delhi and Sydney. The protests originated in Toronto, where they were sparked by a police officer's remark that women could avoid being raped by not dressing like "sluts."

"The world is dominated by males, so there's a male mentality," said Esaint Chiong, a 21-year-old student who attended yesterday's protest. "I think it's a good idea to bring awareness to these issues, but I like that they're not being so provocative, playing by the rules."

THE ASSOCIATED PRESS



► Jess Hutch, left, takes a picture of fellow volunteer Jillian Yue wearing SlutWalk underwear as people gather at Hong Lim Park as part of the global SlutWalk movement in Singapore yesterday.

BRYAN VAN DER BEEK/THE ASSOCIATED PRESS

Date rape

- Corinna Lim, executive director of the Singapore women's-rights group Aware, said many sexual assault cases go unreported, especially date rape.
- Aware recently started a hotline for sexual abuse victims and offers to

accompany women to the police and the hospital after an assault.

- "The family of the victim will sometimes say, 'What were you wearing?'" Lim said. "Singapore women have modernized quite quickly in a short time, but Singapore is still a very conservative society."

KENTUCKY CHURCH

Interracial ban to be nullified

The pastor at a Kentucky church says he will nullify a vote taken by members of his congregation that bans interracial couples.

Stacy Stepp, who is pastor of the Gulnare Free Will Baptist Church in Pike County, told the Lexington Herald-Leader

on Saturday that he plans to declare the vote approving the policy null and void.

The move comes after Stepp, who says he opposed the policy, asked for advice from the Sandy Valley Conference of Free Will Baptists.

The conference met Saturday and issued a statement saying it had determined there weren't enough members voting in favour of the proposal, which would require a change in church bylaws.

THE ASSOCIATED PRESS

Zambia dismisses call to arrest Bush

Zambia has dismissed an international rights group's call for the arrest on torture charges of former president George W. Bush, who has been touring Africa to raise awareness about cervical

and breast cancer.

"On what basis does Amnesty International want us to arrest President Bush?" state media quoted Foreign Affairs Minister Chishimba Kambwili as saying while Bush, his wife and daughters ended their visit to Zambia on Saturday.

Bush started his Africa tour in Tanzania.

THE ASSOCIATED PRESS

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Putin party committed violations: Opposition

► Protests held in Moscow and St. Petersburg ► More than 170 arrests

Prime Minister Vladimir Putin's party struggled to hang on to its majority in Russia's parliamentary election, suggesting Russians were wearying of the man who has dominated Russian politics for more than a decade.

Rival parties and election monitors said even a result of around 50 per cent was inflated, alleging ballot-stuffing and other significant violations at the polls. Many feared the vote count would be manipulated.

Putin wanted to see his United Russia party do well in yesterday's election as a sign of popular support for his return to the presidency in a vote now three months away. Despite the sobering setback, he was still expected to have little trouble reclaiming the position he held from 2000 to 2008.

Putin has systematically destroyed any potential challengers and most Russians do not see any credible alternatives, despite growing dissatisfaction with his strongman style. Grumbling over pervasive official corruption and the gap between ordinary people and the superrich has become widespread.

Putting a positive spin on the disappointing returns, Putin said "we can ensure the stable development of the country with this result." United Russia held a two-thirds majority in the outgoing State Duma, which allowed it to change the constitution unchallenged. But the party is increasingly disliked, seen as representing a corrupt bureaucracy and known as the "party of crooks and thieves." **THE ASSOCIATED PRESS**



► Russian police officers detain an opposition activist during a protest against vote rigging in St. Petersburg, Russia, yesterday. Russians cast their ballots with muted enthusiasm in parliamentary elections, a vote opinion polls suggest could reduce the strength of Prime Minister Vladimir Putin's party.

Early results

- Results with 75 per cent of precincts showed about 50 per cent for United Russia.
- This was in line with an exit poll conducted by the VTsIOM polling agency tallying United Russia at 48.5 per cent and another done by the FOM polling agency at 46 per cent.
- About 60 per cent of Russia's 110 million registered voters cast ballots, down from 64 per cent four years ago.
- Only seven parties were allowed to field candidates for Parliament this year, while the most vocal opposition groups were barred.
- Golos, an independent election-monitoring group, compiled some 5,300 complaints of violations, a third of which said they were pressured to vote for United Russia.
- Final results expected at 1 a.m. EDT today.

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Sears™



► A defused Second World War bomb swims in the Rhine River near Koblenz, Germany, yesterday.

WWII bomb defused

A massive British Second World War-era bomb that triggered the evacuation of about half of the 107,000 residents of Germany's western city of Koblenz was successfully defused yesterday, authorities said.

It was one of Germany's biggest bomb-related evacuations since the war ended, with some 2,500 police officers, firefighters and paramedics on duty

across the city to secure the operation.

The British 1.8-ton bomb and a 275-pound U.S. bomb had been discovered last month after the Rhine River's water level fell significantly due to a prolonged lack of rain. Residents living within two km of the site had to leave their houses before the evacuation order was lifted in the evening, the city said.

THE ASSOCIATED PRESS

Iran strikes U.S. spy plane

► Country confirmed in 2005 that U.S. has been spying on its nuclear facilities with drones ► Holds regular drills against attacks

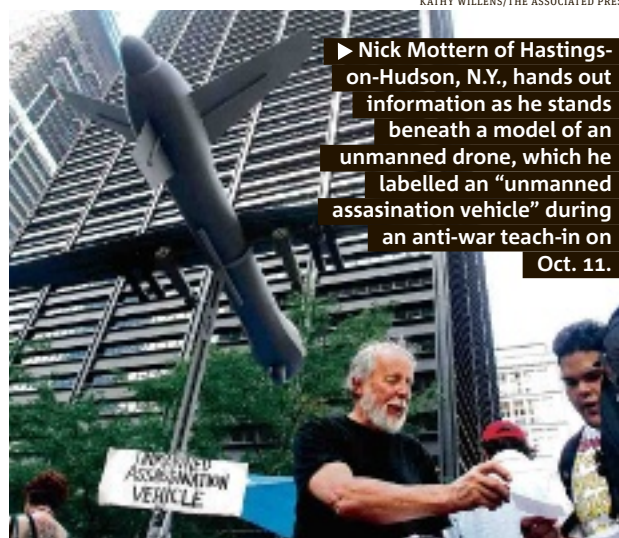
KATHY WILLENS/THE ASSOCIATED PRESS

Iran's armed forces have shot down an unmanned U.S. spy plane that violated Iranian airspace along the country's eastern border, the official IRNA news agency reported yesterday.

An unidentified military official quoted in the report warned of a strong and crushing response to any violations of the country's airspace by American drone aircraft.

"An advanced RQ-170 unmanned American spy plane was shot down by Iran's armed forces. It suffered minor damage and is now in possession of Iran's armed forces," IRNA quoted the official as saying. No further details were published.

The U.S.-led coalition in Afghanistan said in a statement the aircraft may be an American drone that its operators lost contact



► Nick Mottern of Hastings-on-Hudson, N.Y., hands out information as he stands beneath a model of an unmanned drone, which he labelled an "unmanned assassination vehicle" during an anti-war teach-in on Oct. 11.

with last week while it was flying a mission over neighbouring western Afghanistan.

A U.S. official, who spoke on condition of anonymity because of the classified nature of the in-

cident, said the U.S. had "absolutely no indication" that the drone was shot down.

Iran is locked in a dispute with the U.S. and its allies over Tehran's disputed nuclear program,

Out of the sky

The type of aircraft Iran says it downed, an RQ-170 Sentinel, is made by Lockheed Martin.

► It was reportedly used to keep watch on Osama bin Laden's compound in Pakistan as the raid that killed him was taking place earlier this year.

► The surveillance aircraft is equipped with stealth technology, but the U.S. Air Force has not made public any specific details.

which the West believes is aimed at developing nuclear weapons.

Iran denies the accusations, maintaining its nuclear program is entirely peaceful and that it seeks for the purpose of generating electricity and produce isotopes to treat medical patients.

THE ASSOCIATED PRESS



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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa

Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is 10 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-75 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions	<input type="checkbox"/>	<input type="checkbox"/>
I am having trouble concentrating	<input type="checkbox"/>	<input type="checkbox"/>



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All information is kept in strictest confidence.

Research programs are reviewed by an ethics review board.

Most teens just not that into sexting

► New study focused on racy pictures

Teen sexting of nude photos online or via cellphone may be far less common than people think, new research suggests.

Only one per cent of kids aged 10 to 17 have shared images of themselves or others that involve explicit nudity, a study in the U.S. found. Roughly the same number said they'd shared suggestive but less graphic photos; while seven per

cent said they'd received either type of picture.

The research suggests texting of sexual photos among younger kids is extremely rare but more common among older teens.

The results are reassuring, showing that teen sexting isn't rampant, usually isn't malicious, and is generally not something parents should panic over, said lead author Kimberly

Criminal cases

- Researchers did a separate study on how police deal with teen sexting of photos.
- Contrary to some reports, that research suggests few kids are being prosecuted or forced to register as sex offenders for sexting.
- Nearly 4,000 teen sexting cases were reported to police nationwide in '08-'09.

Mitchell, a research assistant psychology professor at the University of New Hampshire.

Previous reports said as many as one in five young people have participated in sexting. But some surveys included older teens, people in their early 20s, or definitions of sexting that did not include images, the new study said.

THE ASSOCIATED PRESS



Ferrari. Pileup

► Damaged luxury cars are seen at the site of a traffic accident on the Chugoku Expressway in Shimonoseki, southwestern Japan, yesterday.

KYODO NEWS/THE ASSOCIATED PRESS

Luxury-car catastrophe

Thirteen sports cars, including eight Ferraris, a Lamborghini and two Mercedes-Benz were involved in the accident, slightly injuring 10 people.

Ticket fines add up to \$14K for driver

Police say a Newfoundland man has added a few more tickets to his already sizable collection.

Officers in the Paradise

area issued three tickets early this morning to a 28-year-old man who already owes \$14,000 in fines.

The man was charged with driving under suspension, driving without insurance and driving an unregistered vehicle.

He was detained by police and the vehicle's licence plates were seized.

THE CANADIAN PRESS

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Sears*

Electric car-sharing debuts in France

► 2,000 drivers have already signed up to the eco-friendly program ► Biggest of its kind in Europe

Paris, in its latest bid to be an innovator of the City of Tomorrow, is launching an electric car-sharing program to cut air and noise pollution on the city's medieval cobblestone streets and beyond.

Autolib', a project built on the success of the city's bike-rental scheme, makes its debut today, and officials want the self-service e-cars to be as much a part of Paris life as the Eiffel Tower or Notre Dame Cathedral.

While many cities have been developing greener alternatives to carbon-emit-

ting vehicles, Paris says its program is the biggest of its kind: 250 vehicles hit the road on Monday, 2,000 are expected by next summer and 3,000 are planned within the next two years.

The four-seat compact Bluecar is a collaboration of Italian car designer Pininfarina and French conglomerate Groupe Bolloré, which hopes to showcase its lithium metal polymer battery that powers the car.

Prospective users will need a valid ID, driver's licence and credit card before signing up online or by

a videoconference with a customer-service representative at one of 40 special glassed-in shelters in Paris and dozens of suburban towns also taking part.

Those promoting the vehicle say it can run for 250 km on a single charge.

"The city's first interest is fighting air pollution. These cars not only don't emit carbon dioxide, but localized exhaust fumes either," said Sylvain Marty, who heads the Autolib' partnership led by Paris and private-sector affiliates.

THE ASSOCIATED PRESS

Market moment

TSX



- 9.21
(12,104.08)

Dollar



- 0.39¢
(98.02¢ US)

Oil



+ 31¢ US
(\$100.51 US)

Natural gas

\$3.65 US
(- 0.3¢)

Gold

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► A parking station for the Autolib' electric car-share program in Paris.

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More content coming to Netflix in Canada

Netflix is promising that 2012 will be a big year for the company in Canada, with plans to double its acquisition spending for movies and TV shows and give Canadians access to more quality content — although it still won't match the selection available in the U.S.

In a letter to shareholders in late October, Netflix said next year's spending boost would give the Canadian service "comparable content quality" to the U.S. site.

In a recent interview, vice-president of content Jason Ropell said the statement implies that Canadians will get access to the same calibre of top-tier films and TV shows available in the U.S., although he conceded the quantity of those titles will continue to be comparatively limited north of the border.

THE CANADIAN PRESS

Italy approves austerity measures

Italy's new government has approved emergency austerity and growth measures aimed at helping save the euro from collapse.

Prime Minister Mario Monti announced approval of the measures yesterday evening following a three-hour cabinet meeting. He says the goal is to "reawaken" the Italian economy.

Monti said the measures



► Italy's welfare minister, Elsa Fornero

include political cost cuts and measures to fight tax evasion.

Monti will outline the measures today to Parliament, which must approve them. THE ASSOCIATED PRESS

India's Congress may delay foreign retail

India's ruling party faced a potentially damaging setback yesterday after an important coalition ally said the government had reversed its decision to throw open the country's huge retail sector to foreign investors.

The government has not officially announced a change in its policy on foreign direct investment, but a reversal would be an embarrassment for the Congress party, which has been

scrambling to reassert its leadership and kick-start investment in the deteriorating economy.

The furor over whether to allow chains such as Walmart to open supermarkets in major cities has deadlocked Parliament, with many politicians slamming the decision as a job killer for India's small retail shops. Proponents say it would bring needed investment into India's infrastructure. THE ASSOCIATED PRESS

LOBBYIST REGISTRY IS NO CURE-ALL

URBAN COMPASS

STEVE COLLINS
METRO OTTAWA



City councillors last week sweated the details of a lobbyist registry intended to shed light on who is bending their ears and those of city staff on upcoming decisions.

While the definition of lobbying seems straightforward enough — trying to influence decision makers on legislation or on procurement or funding decisions — it gets trickier when practically applied.

Council heard from various community organizations worried the registry might make their volunteers' jobs harder. Everyone calling their councillor about a pothole could fall under a too-wide definition of a lobbyist.

It would also be unwise to see this registry as some all-in-one cleaner for municipal government.

A staff report on the registry is rife with quotations from Justice Denise Bellamy, who headed the inquiry into Toronto's MFP computer-leasing scandal, a multimillion-dollar mess of alleged bribery, conflict of interest and misallocation of funds. The scandal inspired that city's own registry.

"A lobbyist registry cannot stop lobbyists, if they are so inclined, from engaging in corrupt or unethical practices," Bellamy wrote. "Nor can it stop elected officials or staff, if they are so inclined, from engaging in corrupt or unethical practices in their

dealings with lobbyists."

There will be no real penalties for lobbyists who fail to report their contacts, and the registry will log meetings, but not what was actually said or promised. It's only one measure to make the business of city hall more transparent, packaged with reforms like putting councillors' expenses online and registering gifts they receive.

Ottawa's registry is modelled a lot on Toronto's, but ours is a preventative, rather than remedial, effort. No councillors are accused, as in the MFP case, with accepting \$25,000 from a company doing business with the city.

Still, there are murky areas of decision making here. Some opposition to the Lansdowne Park redevelopment is based on a perceived lack of transparency in awarding the sole-source contract. A listing of meetings between OSEG and city officials might not have satisfied all critics, but it could have blown some of the backroom whiff off the matter.

For all its limitations, as former city community relations official Chris Bradshaw told councillors last week, "You will be creating a body of knowledge, a record of the way in which power works in this city."

The records might also, he added, put some pressure on councillors to reveal why they voted the way they did, which arguments persuaded most, and who made them.

Students set to skate and help out food bank

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Carleton University really knows how to glide into the holiday season, with an afternoon of skating to help the less fortunate.

On Saturday, Dec. 10, from 2 p.m. to 5 p.m., the Holiday Skate event will take place at the university's multi-rink ice house, with proceeds going to area food banks.

Rink A will feature an open skate, followed by a

dazzling show performed by the Carleton Figure Skating Competitive Club. Rink B will have skating lessons and an open skate for beginners.

Admission price is just a single canned good or non-perishable food item.

"The donated items will go to benefit the Carleton University Food Centre," according to the Carleton University events office. So

grab your skates, your helmet and a can (at least one) of goodies and put the icing on a perfect winter afternoon.

● CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

Daily Zoom

All the Queen's bikers



Group of bikers ... from the army

LONDON. For Queen and country ... and motorbike junkies. The display team of the British army's Royal Signals White Helmets strike a practice pose ahead of the military tournament at Earls Court. Some 700 servicemen and women perform stunts that feature skills they use in the field.

● MWN

Defying death? It's an honour, sir

ATTRIBUTES. According to their website, the team of 30 volunteer soldiers demonstrate "all the personal qualities demanded of the modern Royal Signals soldier." What that entails is performing death-defying acrobatics and riding within millimetres of each other at speeds of up to 130 km/h. ● MWN



White Helmets

► **Equipment.** British Millennium Triumph 750cc motorcycle, producing 46bhp and weighing just under 200 kg.
► **Bit of a showoff.** "I can ride that better backwards than forwards," Cpl. Jason (Gyppo) Hooper wrote on an online forum.

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2 scene

Scene in brief



The latest Twilight movie took \$16.9 million for a third-straight No. 1 finish during one of the year's slowest weekends at the box office. Coming in second again was Disney's The Muppets, with \$11.2 million. No new wide releases opened.

THE ASSOCIATED PRESS



Utah home inspired by movie Up sold for \$400,000 to Disney fanatics

Eye on the detectives

► Grab your deerstalker cap — Sherlock Holmes is back this month ► Robert Downey Jr. reprises his role as everyone's favourite gumshoe in the Game of Shadows ► To mark the release, we pit film and television's criminal investigators against each other in a sleuth-off



Scooby-Doo

The heart and soul of the Mystery Inc. gang may get the heebie-jeebies at the outset of every adventure, but give him some crunchy courage in the form of Scooby Snacks and he becomes doggone heroic.



Batman

Psychopathic baddies like Joker and Riddler love to taunt the caped crusader with twisted puzzles. In order to clean up the streets of Gotham City, Batman has to do equal parts of mental heavy lifting and Sok-Kapowing.

Winner: Batman

In the battle of slapstick versus beat-with-a-stick detective work, the Dark Knight leaves the Great Dane crying "rrr-uncle."



Lt. Debra Morgan (Dexter)

Dexter's sis may not piece together crimes as quickly as her blood-spatter expert/serial killing bro, but she's still got the sharpest tongue and coolest head on Miami Metro's homicide division.



Deputy Chief Brenda Leigh Johnson (The Closer)

Major Crimes' cunning interrogator disarms suspects with her trademark genial "thank you, thank you so much" Southern charm before going in for the kill.

Winner: Brenda Leigh Johnson

While they're both highly capable workaholics, Morgan's solve rate suffers because her brother hampers investigations to satisfy his dark passenger.



Lt. Columbo

Outwardly naive and absentminded, the sly detective, in his rumpled trench coat and battered Peugeot, gave suspects a false sense of security before tripping them up with a few final questions. "And oh, just one more thing..."



Adrian Monk

Despite being socially awkward, hamstrung by a severe case of OCD, and afflicted with a host of phobias including germs, milk and dentists, when it comes to solving crimes he is a genius.

Winner: Adrian Monk

When the defective detective is on the trail, it never grows cold. And it doesn't hurt that he has a blonde sidekick to carry his disinfectant hand-wipes.



Inspector Jacques Clouseau

He has no discernable powers of deduction and possesses an uncanny knack for ignoring the obvious. But in the end, the pride of the French Sûreté still manages to bring the bad guys to justice, albeit accidentally.



Inspector Gadget

Though he can do almost anything thanks to an arsenal of cybernetic attachments, Gadget is clueless. But thanks to his whip-smart niece Penny and her dog Brain, Gadget bats one thousand when it comes to foiling Dr. Claw.

Winner: Inspector Gadget

While both are bumbling nitwits, Gadget's entourage reduces Clouseau to French toast. This article will now self destruct.

● MIKE DOJC

FROM THE DIRECTOR OF UP IN THE AIR
AND THE WRITER OF JUNO



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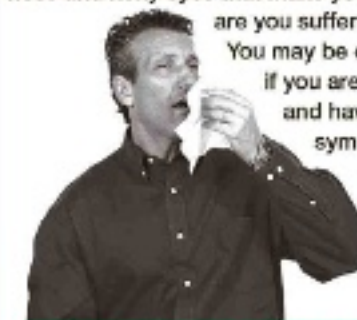
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Do you suffer from GRASS allergies?

Kanata Allergy Services, in conjunction with Kingston General Hospital, is looking for people to participate in a study about an investigational drug for grass allergies.

If you sneeze from May to mid-July and have a runny nose and itchy eyes that make you miserable, chances are you suffer from grass allergies. You may be eligible to participate if you are 18 to 65 years of age and have had grass allergy symptoms for at least two years.



Compensation is provided.

For more information, please call Jeanne at 613-599-5700 ext. 23 or email: kanataallergy@gmail.com

More Adam Beach than cowboy

► Metro chats with Canadian star of Cowboys & Aliens

Adam Beach is one of Canada's best known exports to Hollywood. He's worked with the cream of the Hollywood crop on prestige, big budget projects, but still lives in Ottawa and stays close to his Saulteaux First Nations community.

We spoke with Beach on the release of *Cowboys & Aliens* on DVD and Blu-Ray.

I'm told you're heavily into production now, starring in and producing three films plus working on a new CBC TV series. Is producing a necessary step toward getting the kind of work you want?

One of the reasons I'm producing is because I'm in a place where the movies provided and written don't always connect with me.

It is a lot of effort to produce, but once you connect the dots, you feel very fulfilled in fueling a project that urges you to grow. I've learned that you can't always depend on others to bring you the best material — sometimes you have to create it yourself.

I'm working with a friend of mine that I've known for over 10 years, who is a writer/director from Ottawa — we've reached a time in both our

filmmaker careers that collaborating together just works. We're on the verge of potentially creating and working together over the next few years.

What are these projects?

The first project is a hit man movie where I'll play a guy recovering from a deal gone bad. And then another film that deals with the elements of survival.

Cowboys & Aliens is a mix of genres with touches of steampunk. Did you have an idea how it would look while shooting?

From the start, we knew that we were going to do something exceptional when Jon pulled us aside after the first rehearsal and said something like, 'if that's what you guys are going to do, we should just wrap up this movie and go home.'

Because he felt nobody wants to see a movie where everybody is just playing the tough guy. We realized that he was looking for a real human being touch, in the cowboy world. He wanted to see what each of us had to offer. He wanted me to bring Adam Beach to the role, and not the traditional cowboy.

There isn't a lot of space to develop character here, so how did you arrive at Nat?

In the film, Nat Colorado was adopted by Harrison

Ford's character. Personally — I lost my parents when I was eight years old so I embodied and translated that into my relationship with Harrison Ford's character.

You've worked with some of

the great filmmakers — Clint Eastwood, John Woo and Jon Favreau. What do you think they see in you?

Jon Favreau and I worked together on *The Big Empty* and he knows how hard I

work and how much effort I put into my characters.

So when it came to casting Nat Colorado, our work relationship was already in place. He knew I'd put in the effort and do a good job.

Cowboys & Aliens is available on DVD tomorrow



► Adam Beach, right, is pictured alongside Harrison Ford in *Cowboys & Aliens*.

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Brit turns 30

Britney Spears celebrated her 30th birthday last Friday by strapping on skates and going ice skating with boyfriend Jason Trawick, according to *Us Weekly*.

The singer took a break from the current South American leg of her tour with a quick trip to a rink in Houston, Texas.



Britney Spears

The couple — who are rumoured to be talking about getting engaged — were all smiles on the ice.

● METRO

Celebrity tweets



Playboy interviewed me but rejected my pictorial. Probably for the best

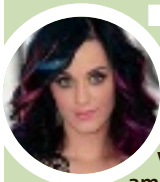


@craigyferg

Hey, Winona Ryder (she follows me on Twitter), just a reminder: There are only 21 more shoplifting days left til Christmas.



@Joan_Rivers



@katperry

First I'm pregnant & then I'm divorced. What am I All My Children?!



@SteveMartinToGo

Life is just a series of Tweets.

Brooke Mueller is busted...again

ASPEN POLICE DEPARTMENT VIA GETTY IMAGES

- Charlie Sheen's ex arrested on drug and assault charges: *People* magazine
- Mueller has custody of their 2 kids

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.ca



It was a slow weekend for celebrities behaving badly, but luckily for gossip columnists everywhere, Brooke Mueller still can't get her act together.

That lady parties more than most Hollywood

celebs combined.

The latest indiscretions of Charlie Sheen's ex?

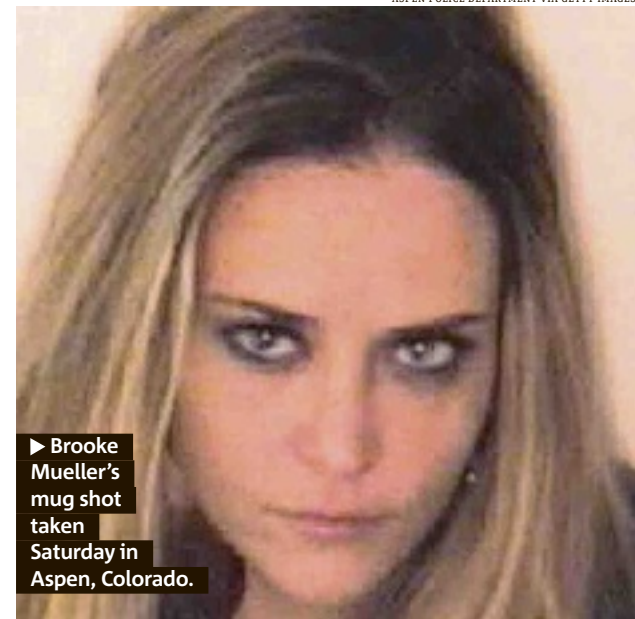
After a wild Friday night, she was arrested in Aspen on assault and drug charges, according to *People* magazine.

(Why always Aspen? Doesn't she ever go skiing out there?)

The mother of two and frequent rehab resident was picked up at the nightclub Escobar after another female patron complained to police about an altercation.

"Mueller was arrested and charged with assault in the third degree and possession of cocaine with intent to distribute," an Aspen police official says.

"Mueller posted bond of \$11,000 and was re-



► Brooke Mueller's mug shot taken Saturday in Aspen, Colorado.

leased with a district court date of Dec. 19, 2011."

This was Mueller's second arrest for cocaine possession. In July, she had just finished a 30-day rehab session.

Although this seems

like not-so-huge news, be prepared for a Sheen media onslaught this week, as Mueller has custody of their two children.

And just when you thought you'd get through the year without hearing from him again.

Cooper isn't buying it

ALL OTHER PHOTO GETTY IMAGES

Bradley Cooper doesn't necessarily enjoy being the Sexiest Man Alive, a title recently bestowed upon him by *People* magazine.

"It's been a weird couple of weeks. I did originally laugh and then I just started crying," Cooper tells *British* website *OMG*.

"I guess it's a bit of a joke. I hope that it won't

change things." In fact, while other actors might see the title as an achievement, Cooper is worried it might become something of an impediment to his acting career. "I'm glad it doesn't detract from my work, I hope it doesn't," he says. "It would be unfortunate if it did because I'm not really that guy at all." ● METRO



► Bradley Cooper

Baby Simpson still gender-less

While she's previously used male pronouns while discussing her unborn child, Jessica Simpson admits she doesn't really know what it's going to be.

I think it's a girl, but I don't know yet," Simpson says, according to

Hollyscoop, though her fiancé, Eric Johnson, disagrees: "I think it's a boy. We're pretty much at a standstill there," he says.

"I don't think we can wait. Jessica is too honest about everything, she needs to know. I don't think she



► Jessica Simpson

can hold that secret to herself." ● METRO

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El Camino follows the most successful two years in The Black Keys' career. In May 2010 they released their breakthrough album, **Brothers**, to widespread critical acclaim.

Drummer Patrick Carney said of the band's recent success, "We've taken the long road to get where we are. It's pretty cool to be in your early 30s making music with your best friend. We've experienced everything from driving a thousand miles to play for no one to winning Grammys."

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How to explain Santa

► Even parents who loathe the commercial aspect of the holiday season can't get away from Santa Claus ► What are the implications of lying to children about the myth that is Father Christmas? ► And when are children ready to hear the truth about St. Nick?

EMMA E. FORREST
LIFE@METRONews.CA
METRO WORLD NEWS IN LONDON

Imagine you're three years old and a fat bearded man in a red suit starts laughing in your face. You'd be confused. Scared. And you'd probably run to Mommy.

So when and how do you tell your child about who, exactly, this man is?

They should be ready to understand the background story of Father Christmas at about age three, says Dr. Jerome Singer, professor emeritus of psychology and child study at Yale University, and a specialist in children's imagination.

"Before that it's confusing to the child. At three, four and five years, children are doing a great deal of pretending and make believe anyway."

Either way, you can't escape the myth.

"If your children go to school and are part of mainstream society, then



"At three, four and five years, children are doing a great deal of pretending anyway."

Jerome Singer, Psychologist

it's hard to see how you can avoid it," says Oliver James, a clinical psychologist and author.

"At age two, three and four, children are living a wild fantasy life already. The idea that there is a big man flying around the world giving gifts shouldn't be a hard sell," he says.

Parents shouldn't worry about participating in the great red-and-white lie.

"Lying is an integral part of life from an early age; children witness parents saying (to unwelcome callers) 'tell him I'm not in'" says James. "So there's nothing too complicated about that."

In fact, fantasizing about Santa's adventures could benefit a child's cognitive development.

"There are many advantages for the child developing relatively early a capacity for pretending and imagination," says Singer.

Children with active imaginations at an early age learn new vocabularies, master the idea of possibilities by experimenting with different social situations, trying them out and seeing what works and what doesn't, so they learn to self-regulate, Singer explains.

Communicate with your kids about the Santa myth, says Singer, and be alert to factors that will confuse them, including different Santas appearing



► Who is this Santa Claus guy anyway?

in shops and on TV.

Most kids find out the truth from siblings or at school. Don't push kids

who want to believe but prepare them for the truth as they hit early school age.

Analysis

GIVE CHRISTMAS MEANING



Oliver James, author of *Affluenza*, a book about how our competitive

consumerist culture makes us anxious, suggests ways to give Christmas a non-commercial meaning.

Create games and traditions

Find a film that the family can watch together (*The Sound of Music*, *Casablanca*), and watch it every year, creating rituals away from the consumption of gifts.

Reinforce anti-materialism

Remind your kids that money and possessions aren't going to make them happy throughout the year, and that richer people aren't necessarily happier.

Make them ad-savvy

Kids love impressing you with their cleverness. Teach them how to decrypt the ads that try to sell them products they don't need throughout the year.

3

life

Festive joy



"What would you like for Christmas?" This question seems easy enough. But as the options multiply the answer becomes more and more complicated... and expensive! Make time for the pleasures of family this Christmas: skating on an outdoor rink, baking cookies or having a movie marathon. This creates traditions kids will remember.

NEWS CANADA



Measles outbreaks on the rise across Europe, increasing cases also spreading to U.S. Scan code for story.

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No strawman's argument

► A wild new concept seeks to turn the publishing world on its head ► And it's got the attention of Margaret Atwood



Paper mills ... on the prairies?

A stunning new development in paper production could make exactly that idea into a lucrative new industry.

Canopy, a Canadian environmental not-for-profit organization, is championing Second Harvest paper — made out of discarded straw left over from the grain harvest.

"This is an entirely new green resource sector for Canada, just waiting to be developed," says Nicole Rycroft, Canopy's founder and executive director. "It's got green jobs, value-added revenues to farmers, and really strong market support."

If new paper plants are built, and the potential is fully realized, she predicts hundreds of millions of trees could be saved in the future.

"We have documented at least enough market demand to keep four mainstream paper mills running around the clock, with paper sales that would amount to in excess of \$900-million."

The idea got a high-profile boost recently, when prominent Canadian author Margaret Atwood announced that a special, autographed edition of her new book — *In Other Worlds: SF and the Human Imagination* — will be printed on Second Harvest paper.

"The Atwood book proves that paper made from straw is not green with pink spots, and it doesn't feel like rubbing your hand on sandpaper," Rycroft notes.

"It performs just like any other paper. When they ran it at the printers, there were no breakages. And it has half the ecological footprint."

The raw material — straw — is limitless, and most just gets thrown away.

The biggest obstacle this faces is the reality of



ISTOCK PHOTOS

the infrastructure.

The specialized pulping mills and paper plants don't yet exist.

"This is an incredible opportunity for Canada to develop a new green resource industry," she says.

"We can make excellent quality paper. We have an incredible sustainable economic opportunity for Canada to be a leader here. It's within our grasp, but we need to put the commercial-scale production

facilities in place."

That will require a huge amount of capital investment.

But the payoffs could be significant — both financially and ecologically.

"Sometimes, solutions aren't really complex. We have straw in abundance in Canada. It's right here. We can do it within the next 12 months if we really put our minds to it."

For more info, check out canopyplanet.org.



Endorsement

The power of Atwood:

► Putting it on the map

When Canadian author Margaret Atwood told the world that a special, autographed edition of her new book — *In Other Worlds: SF and the Human Imagination* — will be printed on Second Harvest paper, it put the movement on the map and

seemed to immediately lend credibility to the concept. You can find her regular book at mcclelland.com.

Recycled savings:

► **By the numbers** Each ton of recycled paper can save 17 trees, 380 gallons of oil, three cubic yards of landfill space, 4,000 kilowatts of energy and 7,000 gallons of water.

PUTTING DIRTY OPTIONS THROUGH A WASH

Is it better to hand wash dishes or use my dishwasher? *Mike of Don Mills, Ont.*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



Let me ask you this; can you wash and rinse a dirty plate with a cup of water?

Researchers at the University of Bonn in Germany

found that, compared to hand washing, dishwashers use only half the energy, one-sixth of the water, and less soap.

The most careful of hand-washers just could not beat the dishwashers we are blessed with today.

The study also rated the level of cleanliness.

Once again, the dishwasher won.

Energy Star claims that using an efficient dish-

washer instead of an older one will cut your utility bills by more than \$40 a year.

An Energy Star-qualified dishwasher can save you more than 230 hours of time over the course of a year (almost 10 days).

Although, if you find washing dishes therapeutic, who am I to argue with the value of quality me time?

And as usual, there are

It's pretty tough to do a better job by hand than using an energy-efficient dishwasher.

qualifiers.

Run your machine full, on the light cycle and turn off the heated drying option.

And for the love of Pete, choose an eco-friendly dishwasher and/or dishwashing

soap.

If a product doesn't list ingredients, leave it on the shelf.

Look for products with eco-labels like Green Seal or Environmental Choice's EcoLogo.

The bottom-line: It's pretty tough to do a better job by hand than using an energy-efficient dishwasher.

But then there are the big pots (space hogs),

knives (that get dull from clanking against dishes), and plastic containers (that release harmful chemicals when washed).

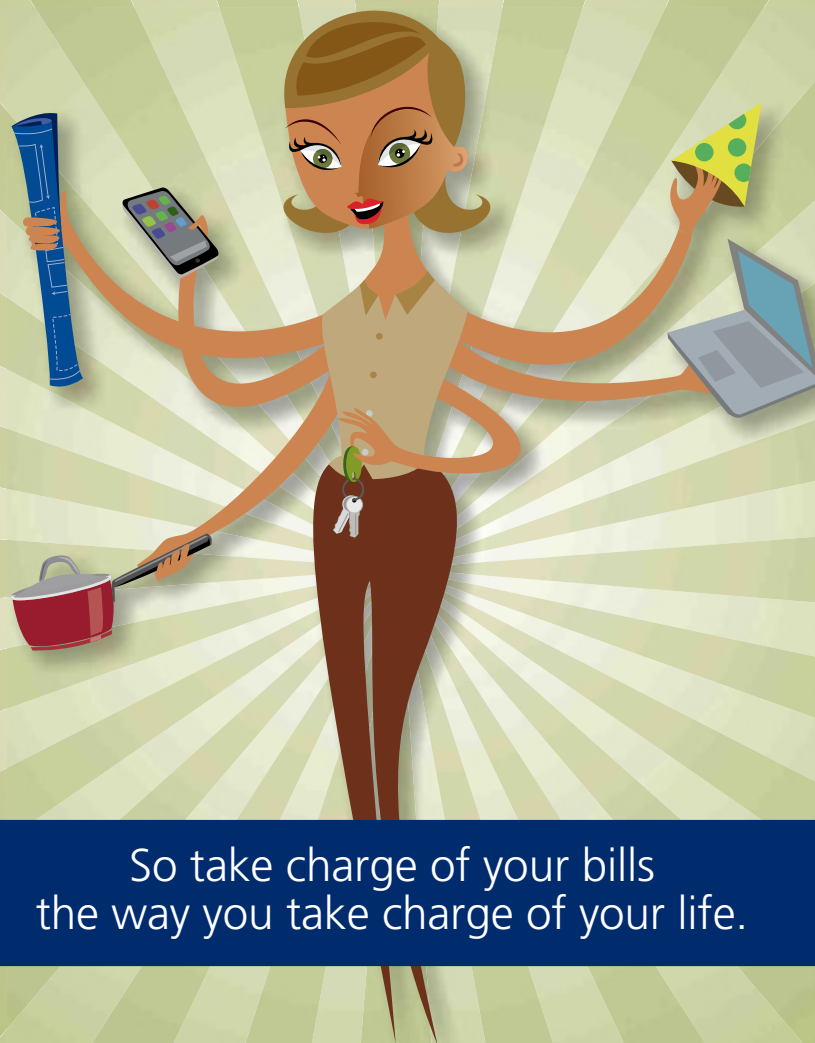
These should be hand-washed.

You can do a more efficient job by scraping food into the compost instead of wasting water rinsing.



David
Suzuki
Foundation

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Healthy pasta, huge taste

► Heart friendly and palate pleasing — put shrimp pasta on the menu

PHOTO/NEWS CANADA

Ingredients:

- 1 package whole grain spaghetti
- 1 head radicchio, quartered and shaved in thin slices
- 1 cup shrimp
- 1 garlic clove, thinly sliced
- 2 tsp extra virgin olive oil

For the marinade:

- 1 tsp parsley, chopped
- 1 tsp rosemary, chopped
- 1 clove garlic, chopped
- 200 grams shrimp, small peeled and cleaned
- 2 tsp extra virgin olive oil
- ¼ tsp red pepper, crushed

Looking for a dish that is simple and impressive? Celebrity chef Scott Conant of Scarpetta restaurant has created a delicious dish that is sure to satisfy



► Dinner gets a healthy boost with whole-grain pasta, and shrimp.

your pasta craving.

Preparation:

- 1 Marinate shrimp with parsley, rosemary, extra virgin olive oil, garlic and crushed red pepper.
- 2 Heat olive oil in a sauté pan. Sauté the sliced

garlic until just before it turns brown. Add the shredded radicchio and sauté for 7-10 minutes.

- 3 Cook pasta until it's almost al dente. Drain. Reserve some cooking liquid (¼ cup) and set aside.

- 4 Add pasta cooking water (approximately ¼ cup) to sauté pan and cook for a minute or so. Then, add the pasta that is 90 per cent cooked. Add the marinated shrimp and cook thoroughly.

NEWS CANADA

Rose Reisman's Swap It

Double double coffee will add unnecessary weight and increase your risk of Type 2 diabetes and heart disease. Watch liquid calories.



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Warm up with slow-cooked holiday brisket

► Beer and black pepper brisket packs serious flavour, and brings Southern inspiration to the table

PHOTO/THE ASSOCIATED PRESS

Preparing a winning brisket is quite simple.

All you need is patience (it takes a long time to cook) and the right cut of meat.

When you buy a trimmed brisket (the moist point has been removed) braising is the only way to make it palatable.

That and adding lots of flavourful ingredients, such as onion soup mix and stewed tomatoes.

It's much better — and

far more flavourful — to go with a whole, untrimmed brisket.

You may need to order it from a butcher, but it is so worth it.

Preparation:

- 1 Heat oven to 325 F. Set a metal rack over a rimmed baking sheet.
- 2 Stir salt, pepper and cayenne in a small bowl and mix. Sprinkle mix all over each side of the

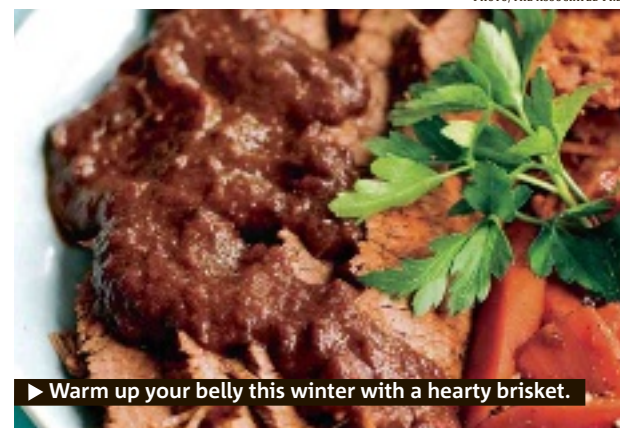
brisket.

- 3 Pour 1 beer into a loaf pan. Set on low rack.
- 4 Place brisket, fat side up, on rack and roast between 4 and 6 hours. Add additional beer every hour. Cook until the meat reaches 185 F at centre. Remove from the oven and let sit for 20 minutes. Slice brisket thinly to serve.

THE ASSOCIATED PRESS

Ingredients:

- 1/2 cup) kosher salt
- 45 ml (3 tsp) coarsely ground black pepper
- 10 ml (2 tsp) cayenne pepper
- (9- to 11-pound) whole beef brisket, untrimmed
- Four to six 375 ml (12-ounce) bottles beer



► Warm up your belly this winter with a hearty brisket.

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World of robotics taking students from geek to sleek

► Vancouver high school students build sci-tech futures — and a little self-confidence — building robots

In a sketchy neighbourhood in east Vancouver, Gladstone Secondary School has built a rather tough reputation.

A stroll down a long corridor reveals room V105, where the Harley-Davidson-riding shop teacher runs what he dubs the “robo dojo.”

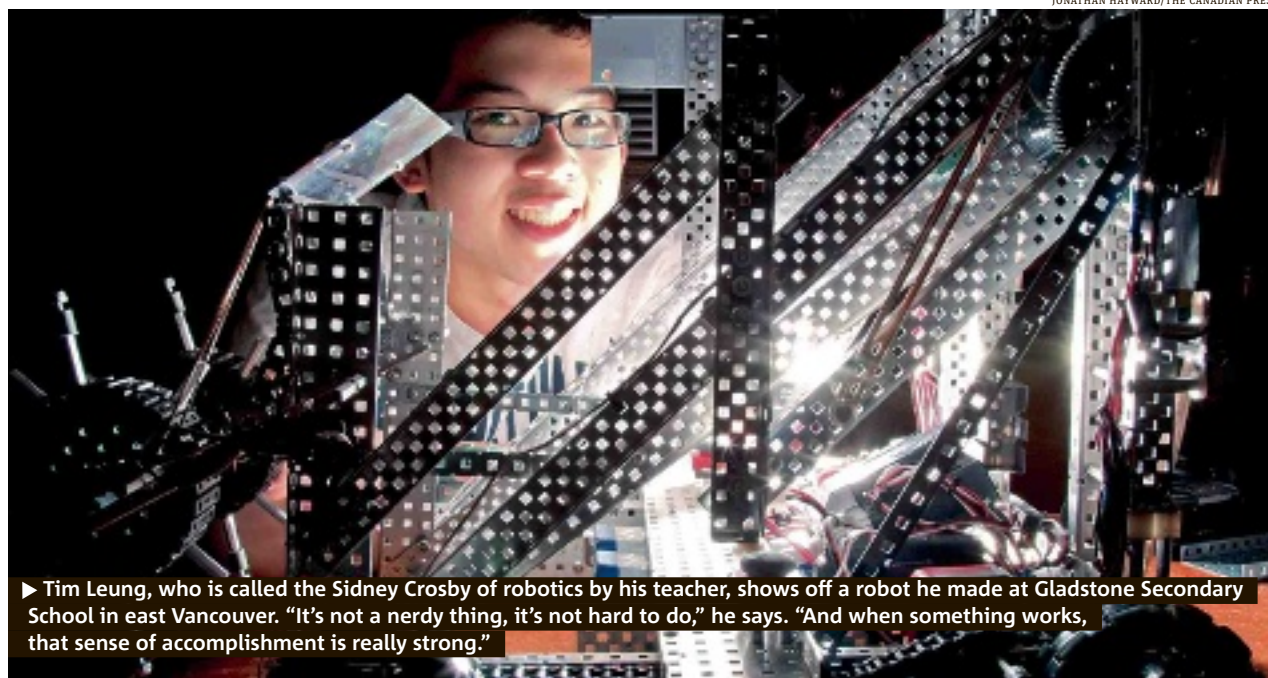
There, students on the school's 20 robotics teams engineer championship-winning machines.

“I have the Sidney Crosby of robotics. I also get some of those ‘really cool kids’ who say they’re going to the washroom when they’re really going for a smoke break,” Todd Ablett says of the group gearing up for the B.C. season opener on Dec. 9. “Sometimes they’re surprised at their own abilities.”

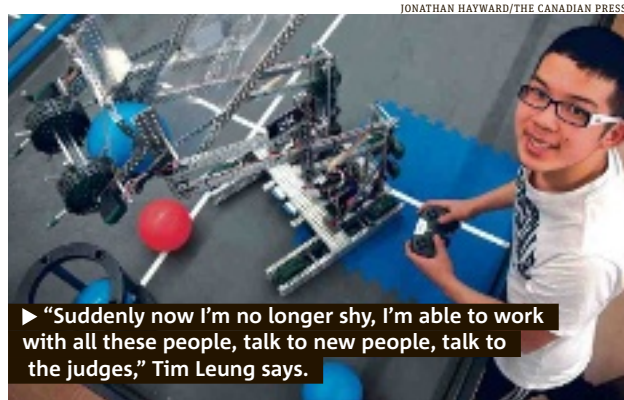
In an era when teens live and breathe smartphones, tablets and i-gadgets, robotics is a rapidly growing extracurricular activity that is bridging the athlete-versus-braniac divide.

“You might never see them together in other real-life situations, but in robotics it brings all these people together,” Grade 10 student Timothy Leung says.

Last year, Leung, 15,



► Tim Leung, who is called the Sidney Crosby of robotics by his teacher, shows off a robot he made at Gladstone Secondary School in east Vancouver. “It’s not a nerdy thing, it’s not hard to do,” he says. “And when something works, that sense of accomplishment is really strong.”



► “Suddenly now I’m no longer shy, I’m able to work with all these people, talk to new people, talk to the judges,” Tim Leung says.

competed in one of four teams among 400 at the VEX Robotics World

Championships, held at the ESPN Wide World of Sports Complex in Orlan-

do, Fla. The school placed second in the programming challenge, its fourth year qualifying for the finals.

“It’s a tough school,” says Lance Balcom, president of the Pacific Youth Robotics Society, adding the program gets by on meagre funding. “Robotics has become a rallying point for the whole school.”

At this year’s challenge, robots just larger than milk crates must dunk more balls and bar-

rels into goals than their opponents.

Past events have filled a giant stadium with screaming fans who cheer on the teams and their robots as if it were a varsity sports event.

Robotics may be front-and-centre, but teachers says it’s meant to be the hook that gets teens inspired to make creative and innovative career choices.

“We want them to think it’s cool to invent a new heart pump. We

“My first year, I walked around and people were like, ‘What’s robotics?’ Now, everyone is talking about it: ‘Oh, those guys are the ones that built the robot, oh!’”

KARSIN LAM, A MENTOR AT THIS YEAR’S FIRST ROBOTICS COMPETITION IN TORONTO

want to get kids involved because that stuff is cool and that stuff also helps humanity,” says Mark Breadner, a Toronto-based educator who teaches robotics in that city.

THE CANADIAN PRESS

Robots rock

► VEX, the robotics design system used by participating high schools in B.C., hosts the top competition in the Pacific Northwest.

► Nine teams used the platform when it took hold in the province five years ago, and that number has grown to at least 66 this school year.

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Her business is doing just grape

► A toast to former model Caroline Granger, who traded in glamour and photoshoots for grape vines and family

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA

"I've gone from walking on alligators to dancing on

them!" Caroline tells me from her office at The Grange, the award-winning winery she has grown and nurtured for the past 10 years.

It's been quite the journey for Caroline Granger, who found incredible success as a Ford model in Paris at the age of 16. Love and children brought her

FORD MODELING AGENCY



► Granger in her modeling days.



► Caroline Granger

back to North America and ultimately to the family farm in Prince Edward County in Ontario where she's been raising her three children.

In 1999 she planted some grape vines for a friend and it got her think-

ing about the wine business.

With the support of her family she went back to school and planted 10 acres. The learning curve was steep but success soon followed.

"I have this huge excite-

Role model

- Begin with the end in mind.
- Even if it's a simple vision it will help guide you.
- Do your homework and risk assessment.
- Have an unshakable belief in yourself and your dream
- Inspire people and make a difference

ment that we're on the edge of something new and dancing on alligators is how I view the future. I am thrilled to be a woman in agriculture and I'm passionate about making wine. This business is very hard but I know this is absolutely where I'm supposed to be and I'm doing what I'm supposed to be doing."

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There's a job for that

▶ Compute this list of 2012's hottest IT positions



JULIA WEST
LIFE@METRONews.ca

METRO WORLD NEWS IN NEW YORK

The progression of technology brings the expansion of IT jobs, and 2012 will be no exception. With more businesses going digital and phrases like "cloud storage" becoming commonplace, the world of IT careers is budding with new opportunities.

Robert Half Technology just released their list of the hottest jobs for 2012, many of them falling under the IT umbrella. Here are three that are especially promising.

1 Mobile applications developer

Not surprisingly, this job comes out on top. Considering the long list of things you can do from

your phone — banking, gaming and even video chatting — it's no wonder that this field is booming.

"Mobile development has surpassed web development and is now leading in shaping future professionals," says Leonardo Mattiazzzi, vice president of international business at IT services company Ci&T.

2 User experience designer

UX designers, to those in the know, "create positive digital experiences," according to Robert Half Technology.

Mattiazzzi believes that the job description is blurring the lines and tapping into all sorts of creative talent.

"Developers can no longer rely only on their technical skills, and UX

designers can no longer rely only on their creative skills. The blending of UX skills and technical skills is becoming a de-facto demand," he says.

3 Data security analyst

This is the e-bouncer of a company. David Hurst, principal at the financial accounting and advisory firm WeiserMazars LLP, sees growth happening already.

"Now that it's becoming feasible to break up complex business processes and execute different parts in different technologies on-site and in the Cloud, it is increasing the demand for architecture and integration skills to design and manage these complex multi-platform processes," Hurst says.

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CHASE

4
sports

Senators preview

Tampa Bay at Ottawa
7:30 p.m.
TV: SNET



The Senators (12-11-3) return home to face Tampa Bay (11-12-3), their expansion counterparts from 1992. The Lightning have lost three straight and seven of their last 10 games. Dwayne Roloson and Mathieu Garon continue to split starting duties, since neither netminder has been very effective. Garon got the start in Tampa Bay's 4-2 loss to the Rangers on Saturday. With 16 goals, Steven Stamkos is tied with Milan Michalek and Toronto's Phil Kessel for the league scoring lead.

THE CANADIAN PRESS



Scan code for more sports.

Green Bay stays perfect

► Packers beat Giants on final play, clinch playoff berth ► Fourth loss in a row for New York

38	35
PACKERS	GIANTS

The Green Bay Packers are still perfect and heading to the playoffs.

Aaron Rodgers engineered a last minute drive to set up a 30-yard field goal by Mason Crosby on the final play and the Green Bay Packers remained undefeated and clinched a playoff berth with a 38-35 victory over the New York Giants yesterday.

Rodgers hit three passes of more than 18 yards on the drive in the final 58 seconds as the Super Bowl champion Packers (12-0) won their 18th straight game and handed the Giants (6-6) their fourth straight loss.

New York, which was blown out by New Orleans Monday night, tied the game on a two-yard Eli Manning touchdown pass and a two-point conversion run by D.J. Ware with just under a minute to play.

However, Rodgers, who



► Jordy Nelson of the Green Bay Packers makes a reception in the final minute of the fourth quarter against Will Blackmon of the New York Giants yesterday.

threw four touchdown passes, wasn't going to settle for overtime after a touchback on the ensuing kickoff.

On first down, he completed a pass to Jermichael Finley just over the outstretched hands of rookie linebacker Jacquan

Williams and the tight end rumbled 24 yards up the right sideline to the 44.

A 24-yard pass to Jordy Nelson down the left sideline moved the ball to the New York 29 and an 18-yard pass to Greg Jennings two plays later moved the ball to the 12.

Green Bay called time out with three seconds to go, and then Crosby delivered his winning kick.

The Packers would clinch the NFC North if Detroit lost to New Orleans on Sunday night.

For the Giants, everything wasn't terrible. Dallas

also lost, leaving New York a game behind the Cowboys with four games to go. The two teams will play twice over that span.

Rodgers, who was harassed by Giants front and sacked three times, finished 28 of 46 for 369 yards.

THE ASSOCIATED PRESS

Woods ends two years of futility

After going more than two years and 26 tournaments without a win, and after so much turmoil in his personal life and with his golf game, Tiger Woods stood over a six-foot birdie putt yesterday to win the Chevron World Challenge and felt as though nothing had changed.

Finally, the outcome was familiar, too.

Woods poured in the putt to cap off a birdie-birdie finish at Sherwood, close with a 3-under 69 and beat former Masters champion Zach Johnson by one shot. The win ended a drought that lasted 749 days, and might have signalled a change that Woods is on his way back.



"People don't realize how hard it is to win golf tournaments. I've gone on streaks where I've won golf tournaments in a row, but still ... I don't think I've taken it for granted."

TIGER WOODS

He swept his arm across the air, yelled through the din of the gallery and slammed his fist in a celebration that was a long time coming.

Relief? Satisfaction? Vindication?

Woods wasn't sure, and he didn't much care.

"It just feels awesome whatever it is," he said.

Trailing by one shot with two holes to play, Woods came up with two clutch putts. He holed a 15-footer for birdie on the

par-3 17th to pull into a tie with Johnson, then hit a 9-iron from 158 yards that landed on the ridge behind the hole and rolled down to six feet.

"I've been in contention twice this year, which is not very often," Woods said. "So that's my third time with a chance to win it. I pulled it off this time."

It was his 83rd win worldwide in tournaments that award ranking points, but his first since he won the Australian Masters on

Nov. 15, 2009, back when he looked as though he would rule golf for as long as he played.

But he crashed his car into a fire hydrant outside his Florida home on Thanksgiving night, and shocking revelations of extramarital affairs began to emerge, which shattered his image, led to a divorce and cost him four major sponsors. Since then, he has changed swing coaches, caddies and endured more injuries, causing him

to miss two majors and fail to make the cut in another.

Now, however, it looks clear that Woods is on an upward path.

"If the man is healthy, that's paramount," Johnson said. "I mean, he's the most experienced and the best player I've ever played with. In every situation, he knows how to execute and win."

Even though those situations have been rare, Woods looked as though he had not forgotten how to win. The only other times he has been in contention this year were the Masters and the Australian Open.

THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	27	16	7	2	2	85	66	36	8-1-2-0	8-6-0-2	6-3-1-0	W2
d-Boston	23	16	7	0	1	81	63	32	10-5-0-1	6-2-0-0	9-0-0-1	W3
d-Florida	26	14	8	1	3	73	65	32	5-2-1-3	9-6-0-0	6-3-1-0	W1
NY Rangers	23	15	5	1	2	69	50	33	7-1-0-1	8-4-1-1	8-2-0-0	W5
Philadelphia	25	15	7	2	1	90	73	33	6-4-1-1	9-3-1-0	7-3-0-0	W2
Toronto	26	14	10	1	1	83	85	30	6-4-1-1	8-6-0-0	4-5-0-1	L2
Buffalo	26	14	11	0	1	72	69	29	6-8-0-1	8-3-0-0	4-5-0-1	W1
Washington	25	13	11	0	1	75	79	27	9-4-0-1	4-7-0-0	3-7-0-0	W1
Ottawa	26	12	11	2	1	79	89	27	6-4-0-1	6-7-2-0	5-3-2-0	L2
Montreal	27	11	11	2	3	67	69	27	4-5-2-2	7-6-0-1	3-4-2-1	W1
Winnipeg	26	11	11	3	1	65	82	26	7-4-0-0	4-7-3-1	6-3-1-0	W2
New Jersey	25	12	12	0	1	62	72	25	5-4-0-1	7-8-0-0	4-6-0-0	L4
Tampa Bay	25	11	12	0	2	67	80	24	7-4-0-0	4-8-0-2	3-7-0-0	L3
NY Islanders	24	8	11	3	2	52	78	21	5-6-2-0	3-5-1-2	4-4-1-1	W1
Carolina	28	8	16	2	2	66	94	20	5-9-0-2	3-7-2-0	2-8-0-0	L6

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	26	16	7	2	1	64	57	35	10-4-1-0	6-3-1-1	9-1-0-0	W3
d-Chicago	27	16	8	1	2	90	84	35	8-2-0-2	8-6-1-0	6-4-0-0	W2
d-Dallas	26	15	10	0	1	69	72	31	9-4-0-1	6-6-0-0	4-5-0-1	L1
Detroit	24	16	7	1	0	73	52	33	10-2-1-0	6-5-0-0	8-2-0-0	W7
St. Louis	26	14	9	0	3	63	58	31	8-3-0-1	6-6-0-2	6-2-0-2	L2
Los Angeles	26	13	9	2	2	60	58	30	8-7-0-1	5-2-2-1	6-3-1-0	L1
San Jose	23	14	8	1	0	67	56	29	7-5-1-0	7-3-0-0	6-4-0-0	L1
Vancouver	25	14	10	0	1	78	66	29	6-4-0-1	8-6-0-0	7-3-0-0	L1
Phoenix	25	13	9	1	2	67	62	29	7-5-1-1	6-4-0-1	5-5-0-0	L2
Edmonton	27	13	11	0	3	76	71	29	7-4-0-2	6-7-0-1	4-5-0-1	L1
Nashville	26	12	10	3	1	68	71	28	4-4-2-1	8-6-1-0	4-5-1-0	L1
Colorado	26	12	13	1	0	71	76	25	6-9-0-0	6-4-1-0	4-6-0-0	W2
Calgary	25	11	12	1	1	59	67	24	5-5-1-1	6-7-0-0	5-4-0-1	W1
Anaheim	25	7	13	2	3	57	82	19	5-8-1-0	2-5-1-3	2-6-1-1	L1
Columbus	26	7	16	0	3	62	88	17	5-7-0-1	2-9-0-2	4-6-0-0	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Detroit at Colorado

Minnesota at Anaheim

Calgary at Vancouver

Saturday's results

Calgary 5 Edmonton 3

Montreal 2 Los Angeles 1

Winnipeg 4 New Jersey 2

Boston 4 Toronto 1

Washington 3 Ottawa 2 (OT)

Buffalo 3 Nashville 2

Chicago 5 St. Louis 2

Florida 5 San Jose 3

N.Y. Islanders 5 Dallas 4

N.Y. Rangers 4 Tampa Bay 2

Philadelphia 4 Phoenix 2

Pittsburgh 3 Carolina 2

Tonight's games

All Times Eastern

Toronto at N.Y. Rangers, 7 p.m.

Boston at Pittsburgh, 7 p.m.

Tampa Bay at Ottawa, 7:30 p.m.

Washington at Florida, 7:30 p.m.

Phoenix at Chicago, 8:30 p.m.

Tomorrow's games

New Jersey at Toronto, 7 p.m.

Tampa Bay at N.Y. Islanders, 7 p.m.

Columbus at Montreal, 7:30 p.m.

Detroit at St. Louis, 8 p.m.

Phoenix at Nashville, 8 p.m.

Boston at Winnipeg, 8:30 p.m.

Carolina at Calgary, 9 p.m.

Colorado at Vancouver, 10 p.m.

Los Angeles at Anaheim, 10 p.m.

Minnesota at San Jose, 10:30 p.m.

Penalties — None.

Shots
Ottawa 16 8 10 0—34
Washington 8 16 10 1—35
Goal — Ottawa: Anderson (L,11-8-2); Wash-
ington: Neuvirth (W,3-4-1). **Power plays (goals-
chances)** — Ottawa: 0-1; Washington: 0-4.
Referees — Steve Kozari, Mike Leggo. **Lines-
men** — Scott Cherrey, Matt MacPherson.
Attendance — 18,506 (18,398) at Washington.

BRUINS 4, MAPLE LEAFS 1

First Period

No Scoring.
Penalties — Lucic Bos (tripping) 17:49,
MacArthur Tor (tripping) 18:11.

Second Period

1. Boston, Krejci 5 (Horton, Lucic) 4:20
2. Toronto, Grabovski 7 (Gardiner, Crabb) 5:08
3. Jackson, Kelly 10 (Peverley, Ference) 13:11
Penalties — Chara Bos (tripping) 8:11, Krejci
Bos (holding) 15:33.

Third Period

4. Boston, Boychuk 3 (Marchand, Bergeron) 3:06
5. Boston, Horton 7 (Krejci, Lucic) 14:26
Penalties — Chara Bos (hooking) 6:28, Crabb
Tor, Corvo Bos (fighting) 14:45, MacArthur Tor
(tripping) 15:44.

Shots

Toronto 7 11 4 22

Boston 10 9 11 30

Goal — Toronto: Reimer (L,4-1-1); Boston:
Rask (W,4-3-1). **Power plays (goals-chances)**
— Toronto: 0-4; Boston: 0-2.

Referees — Francis Charron, Brad Watson.
Linesmen — Michel Cormier, Derek Nansen.
Attendance — 17,565 (17,565) at Boston.

JETS 4, DEVILS 2

First Period

1. Winnipeg, Kane 13 (Byfuglien, Little) 1:42
2. New Jersey, Henrique 6 (Parise, Kovalchuk) 5:53
Penalties — Zubrus NJ (holding) 14:46, Slater
Wpg (slashing) 18:43.

Second Period

3. New Jersey, Elias 9 (Larsson) 17:17 (pp)
4. Winnipeg, Burmistrov 6 (Little) 18:24 (sh)
Penalties — Thorburn Wpg (hooking) 5:22,
Clarkson NJ (interference) 9:24, Jaffray Wpg
(holding) 16:24, Ladd Wpg (tripping) 16:38.

Third Period

5. Winnipeg, Stuart 3 (Wheeler, Bogosian) 13:13
6. Winnipeg, Kane 14, 19:28 (en)
Penalties — Sestito NJ, Jaffray Wpg (fighting)
4:10, Sykora NJ (unsportsmanlike conduct),
Oduya Wpg (roughing) 11:45.

Shots

New Jersey 6 12 7 25

Winnipeg 6 7 7 20

Goal — New Jersey: Hedberg (L,7-5-1); Win-
nipeg: Pavelec (W,9-9-4). **Power plays (goals-
chances)** — New Jersey: 1-4; Winnipeg: 0-2.
Referees — Ghislain Hebert, Chris Lee. **Lines-
men** — Lonnie Cameron, Jay Sharrers.

Attendance — 15,015 (15,015) at Winnipeg.

FLAMES 5, OILERS 3

First Period

1. Edmonton, Petrell 2 (Hordichuk, O'Marra) 2:19
2. Edmonton, Gagner 1 (Hemsky, Horcoff) 3:00
3. Calgary, Jokinen 6 (Iginla, Bourque) 3:49 (pp)
4. Calgary, Bourque 8 (Horak, Comeau) 6:45
Penalties — Sutton Edm (roughing) 3:32,
Stempniak Cal (hooking) 14:50, Jokinen Cal
(hooking) 17:29.

Second Period

No Scoring.
Penalties — Comeau Cal (closing hand on
puck) 5:23, Hannan Cal (delay of game) 7:42,
Bourque Cal (hooking) 12:38, Sutton Edm
(high-sticking) 15:57.

Third Period

5. Edmonton, Nugent-Hopkins 12 (Eberle,
Smid) 5:27
6. Calgary, Smith 2 (Iginla) 6:11
7. Calgary, Backlund 1 (Iginla, Smith) 10:25 (pp)
8. Calgary, Jokinen 7, 19:28 (en)
Penalties — Smyth Edm (roughing) 8:37, Joki-
nen Cal (slashing) 16:14.

Shots

Calgary 14 13 5 32

Edmonton 8 10 11 29

Goal — Calgary: Kiprusoff (W,11-9-1); Edmon-
ton: Khabibulin (L,9-6-3). **Power plays (goals-
chances)** — Calgary: 2-3; Edmonton: 0-6.
Referees — Mike Hasenfratz, Stephen Walkom.
Linesmen — Steve Miller, Bryan Panchich.
Attendance — 16,839 (16,839) at Edmonton.

NFL

WEEK 13

AMERICAN CONFERENCE

EAST					
	W	L	T	Pct	PF PA
New England	9	3	0	.750	362 247
N.Y. Jets	7	5	0	.583	290 260
Buffalo	5	7	0	.417	278 304
Miami	4	8	0	.333	246 220
SOUTH					
	W	L	T	Pct	PF PA
Houston	9	3	0	.750	310 189
Tennessee	7	5	0	.583	249 229
Jacksonville	3	8	0	.273	138 200
Indianapolis	0	12	0	.000	174 358
NORTH					
	W	L	T	Pct	PF PA
Baltimore	9	3	0	.750	296 192
Pittsburgh	9	3	0	.750	268 195
Cincinnati	7	5	0	.583	266 250
Cleveland	4	8	0	.333	175 240
WEST					
	W	L	T	Pct	PF PA
Denver	7	5	0	.583	256 292
Oakland	7	5	0	.583	274 308
Kansas City	5	7	0	.417	163 268
San Diego	4	7	0	.364	249 275

NATIONAL CONFERENCE

EAST					
	W	L	T	Pct	PF PA
Dallas	7	5	0	.583	283 244
N.Y. Giants	6	6	0	.500	287 315
Philadelphia	4	8	0	.333	271 282
Washington	4	8	0	.333	202 256
SOUTH					
	W	L	T	Pct	PF PA
New Orleans	8	3	0	.727	362 252
Atlanta	7	5	0	.583	269 244
Carolina	4	8	0	.333	290 324
Tampa Bay	4	8	0	.333	218 329
NORTH					
	W	L	T	Pct	PF PA
x-Green Bay	12	0	0	1.000	420 262
Detroit	7	4	0	.636	316 246
Chicago	7	5	0	.583	291 242
Minnesota	2	10	0	.167	246 330
WEST					
	W	L	T	Pct	PF PA
y-San Francisco	10	2	0	.833	288 161
Seattle	5	7	0	.417	216 246
Arizona	5	7	0	.417	232 269
St. Louis	2	10	0	.167	140 296

x-clinched playoff spot; y-clinched division

Thursday's result

Seattle 31 Philadelphia 14

Yesterday's results

Kansas City 10 Chicago 3

Detroit 17 Atlanta 10

Denver 35 Minnesota 32

Carolina 38 Tampa Bay 19

Pittsburgh 35 Cincinnati 7

N.Y. Jets 34 Washington 19

Miami 34 Oakland 14

Tennessee 23 Buffalo 17

New England 31 Indianapolis 24

Baltimore 24 Cleveland 10

San Francisco 26 St. Louis 0

Arizona 19 Dallas 13 (OT)

Green Bay 38 N.Y. Giants 35

Detroit at New Orleans

Tonight's game

All Times Eastern

San Diego at Jacksonville, 8:30 p.m.

SOCCER

ENGLAND

PREMIER LEAGUE

Team	GP	W	D	L	GF	GA	Pts
Manchester City	14	12	2	0	48	13	38
Manchester United	14	10	3	1	31	13	33
Tottenham	13	10	1	2	29	16	31
Chelsea	14	9	1	4	31	17	28
Arsenal	14	8	2	4	30	23	26
Newcastle	14	7	5	2	19	15	26
Liverpool	13	6	5	2	17	12	23
Stoke	14	5	3	6	14	23	18
Aston Villa	14	3	7	4	16	18	16
Everton	13	5	1	7	15	17	16
Norwich	14	4	4	6	20	26	16
QPR	14	4	4	6	15	25	16
West Brom	14	4	3	7	13	21	15
Swansea	14	3	5	6	14	20	14
Wolverhampton	14	4	2	8	15	24	1

'It can all change in three days in Dallas'

► Pujols, Fielder and Reyes stir discussion at baseball's winter meetings as league awaits first big move

Albert Pujols, Prince Fielder and Jose Reyes could find a landing spot for the future. Gil Hodges, Ron Santo and Minnie Minoso could lock up a legacy forever.

Baseball's winter meetings open today, a four-day session that often turns into a fan's delight. There's always the promise of blockbuster trades and major free-agent signings — even if they don't happen, the rumours and speculation keep things interesting.

Will the New York Yankees work out a swap for Cubs pitcher Matt Garza? Will some bullpen add A's

all-star closer Andrew Bailey? Will C.J. Wilson or Mark Buehrle strike riches?

A couple of trades have already been made since Pujols and the St. Louis Cardinals won the World Series. Huge deals, not yet.

"It may have something to do with the top free agents not having moved, Pujols and Fielder and Jose Reyes," New York Mets general manager Sandy Alderson said a few days ago. "It may just be the tension — not the tension, but the dynamic between clubs and free agents. The free agents would like to think that a certain mar-

Manny deal



Major League Baseball and the players' association are working on an agreement to cut Manny Ramirez's drug suspension from 100 games to 50 because he already sat out

ket exists. And the clubs, at this point, are holding out some hope that that market doesn't exist."

"But it can all change in

most of last season, a person familiar with the negotiations told The Associated Press.

► Having already served a 50-game ban for violating baseball's drug agreement in 2009, Ramirez faced a 100-game suspension last spring for a second offence. But rather than serve the penalty, he told the commissioner's office he was quitting.

three days in Dallas," he said.

Surely, there are some general managers itching to get busy. Six teams have

hired new GMs, and Houston will become the seventh.

Detroit manager Jim Leyland was among the early arrivals Sunday at the 1,606-room Anatole, a familiar baseball site. The hotel is hosting the meetings for the sixth time — inside its walls in 2000, more than a half-billion dollars was spent in a hurry as Alex Rodriguez, Manny Ramirez and Mike Hampton each got nine-figure contracts.

Last year's meetings got off to a rousing start when free-agent outfielder Jayson Werth and the Washington Nationals

reached a \$126 million, seven-year deal. The agreement came on a Sunday, a day before the official opening. In fact, workmen were still assembling the podium when the Nationals and agent Scott Boras walked into the press room to make the announcement.

This morning, history is at stake. The Hall of Fame's Veterans Committee will reveal whether it has elected any new members. Hodges, Santo, Minoso are on the 10-person Golden Era ballot covering 1947-72. The announcement is set for 11 a.m. EST.

THE ASSOCIATED PRESS

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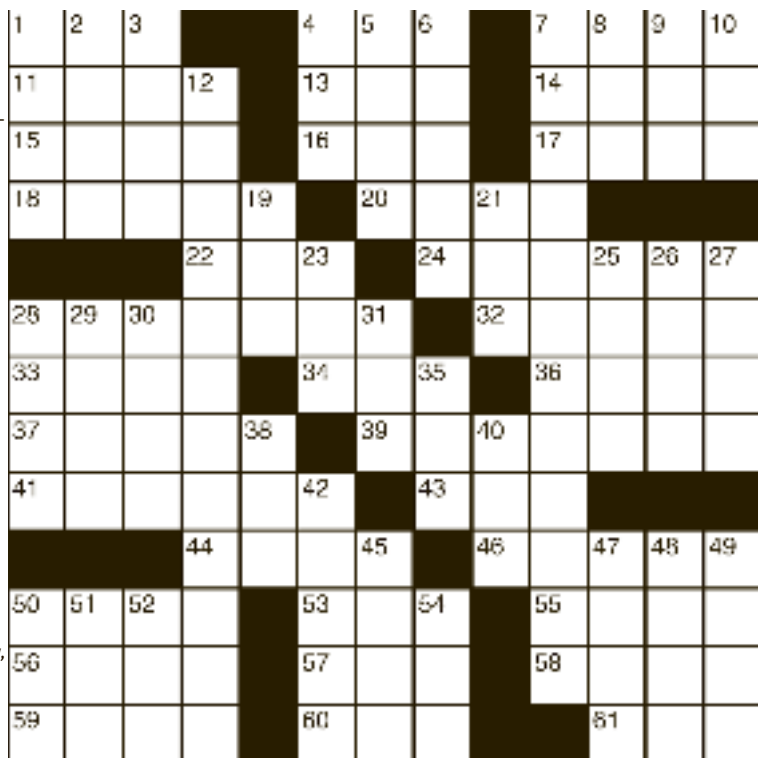
Crossword

Across

- 1 Two-timer
4 Arrow launcher
7 Goya's "Naked" subject
11 Scads
13 Atmosphere
14 PC picture
15 Panorama
16 Beer cousin
17 Fender bender
18 Artist's support
20 Knitting need
22 Lower limb
24 Used a switch-blade on
28 Unimportant
32 Spry
33 Relaxation
34 — de deux
36 Lug
37 Bother
39 Washington city
41 Half-hour TV show, often
43 Blond shade
44 Hawaiian feast
46 Eccentric
50 Note from the boss
53 54-Down stat
55 Eye layer
56 United nations
57 Slithery squeezer
58 Skaters' venue
59 Out of control
60 Switch positions
61 Two, in Tijuana

Down

- 1 Bear lair, often
2 Others (Lat.)
3 Accomplishes
4 Sheep's cry



- 5 Unctuous
6 Cause, as havoc
7 Dark time
8 Expert
9 "The Daily Show" With — Stewart
10 Pismire
12 Another way to say 7-Down
19 Floral neckwear
21 Genetic letters
23 Space
25 Authoritative command
26 Hebrew month
27 Take out of con-
- text?
28 Earl Grey's kin
29 Hindu princess
30 "Say It — So"
31 — Vegas
35 The Red or the Black
38 Thee
40 Request
42 Ballroom dance
45 "Once — a time ..."
47 "Amores" poet
48 Gambling game
49 Tibetan herd
50 Biz deg.
51 Shade tree
- 52 Cattle call?
54 Auto fuel

► Thursday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ►

8	3	7	9	6	1	5	2	4
6	1	4	2	8	5	9	7	3
9	5	2	3	4	7	6	1	8
1	9	8	8	5	2	3	4	7
2	8	3	6	7	4	1	5	9
4	7	5	1	3	9	2	8	6
7	4	9	5	2	8	8	3	1
3	2	1	4	9	8	7	6	5
5	6	8	7	1	3	4	9	2

Today

6°/-2°
Rain
70%

Tuesday

1°/-5°
Flurries
40%

Know what the weather will be 14 days from now.
Check the 14 day trend.
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Today's horoscope

- ♈ **Aries** March 21-April 20 What happens over the next seven days will make life fun again.
♉ **Taurus** April 21-May 21 Today could turn out to be rather challenging, but in a pleasant way.
♊ **Gemini** May 22-June 21 Action speaks louder than words, so act fast, be first and get the job done.
♋ **Cancer** June 22-July 22 Get that glum look off your face and believe that good things (and good people) are coming your way.
♌ **Leo** July 23-Aug. 23 Don't allow

- yourself to get worked up about some of the things that go on in the world.
♍ **Virgo** Aug. 24-Sept. 22 Fate is about to introduce you to someone who can transform your existence.
♎ **Libra** Sept. 23-Oct. 23 Let the world know who you are and what you can do — and make sure you do it.
♏ **Scorpio** Oct. 24-Nov. 22 Go places, do things and make new friends. Life has rarely looked better.
♐ **Sagittarius** Nov. 23-Dec. 21 You want to help those who

For today's crossword answers and for expanded horoscopes, go to metronews.ca

- can't help themselves and the best way to do that is to join forces with those who share your concerns.
♑ **Capricorn** Dec. 22-Jan. 20 You have always been ambitious but are your ambitions inspired by your ideals or are you interested in nothing more than profit and position?
♒ **Aquarius** Jan. 21-Feb. 18 All things change with time and it's time you moved on — to better things, of course.
♓ **Pisces** Feb. 19-March 20. What you believe is likely to change profoundly over the next few days. **SALLY BROMPTON**

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Everyone on Earth, This is sort of a global prayer, and as it is, a very personal one as well. I want to wish everyone so much love to cradle their days and nights. I wish everyone could find it in their hearts to cast away fear in their lives... or at least use it to find what is true and beautiful. I wish for clarity in love, peace for those in need, and for some to shed their egos and stop it with excessive consumerism. As always, I would want everyone to find their soul/mate love of their dreams. I wish these things. To dreams coming true!

WEE EARTHLING

Reeda Durrani,
i love you and will always love you

BILAL AMER

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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08 LandRover LR2 se

• 4x4, Loaded, Auto
• st: 32103
• km: 82605

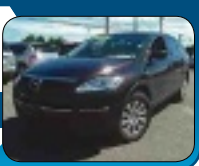
\$21,870
\$192***
Bi-weekly



09 Mazda CX-9

• AWD, Loaded, A/C, Lthr, Auto
• st: 32723
• km: 44282

\$28,750
\$222***
Bi-weekly



08 Benz B200

• Loaded, A/C, Auto, Roof
• st: 32353
• km: 66500

\$16,880
\$163***
Bi-weekly



08 Wave

• Std
• st: 32863-A
• km: 42364

\$7,750
\$71***
Bi-weekly



09 Kia Spectra LX

• Loaded, A/C, Auto
• st: 31179
• km: 55680

\$8,980
\$81***
Bi-weekly



09 Nissan Versa

• Loaded, A/C, Auto
• st: 32887-A
• km: 79501

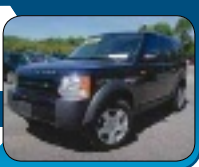
\$10,950
\$89***
Bi-weekly



06 LandRover LR3 se

• 4x4, Loaded, Roof, Lthr, Auto
• st: 32692
• km: 57516

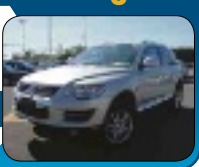
\$21,850
\$233***
Bi-weekly



10 Touareg

• 4WD, Loaded, Roof, Lthr, Auto
• st: 32759
• km: 28556

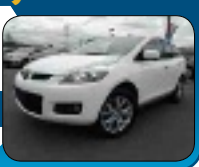
\$36,750
\$284***
Bi-weekly



09 Toyota Venza

• AWD, Loaded, A/C, Auto, Roof
• st: 31787
• km: 22487

\$25,850
\$208***
Bi-weekly



11 Mazda3

• Loaded, A/C, Auto
• st: 32871
• km: 28520

\$15,950
\$129***
Bi-weekly



07 Toyota Yaris

• Std
• st: 33182
• km: 115022

\$6,740
\$61***
Bi-weekly



10 Kia Soul

• Loaded, A/C, Roof, Auto
• st: 32895
• km: 53986

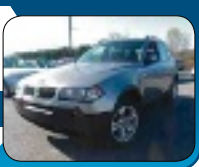
\$15,950
\$134***
Bi-weekly



05 BMW X3

• Loaded, A/C, Lthr, Auto
• st: 33083
• km: 91991

\$17,880
\$188***
Bi-weekly



07 Cadillac SRX

• AWD, Loaded, Roof, Lthr, Auto
• st: 33059
• km: 55939

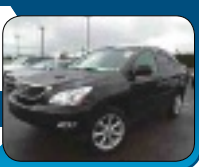
\$19,980
\$182***
Bi-weekly



09 Lexus RX350

• AWD, Loaded, Lthr, Roof, Auto
• st: 32858
• km: 45574

\$31,870
\$247***
Bi-weekly



09 Kia Rio

• Loaded, A/C, Auto
• st: 32437
• km: 63588

\$9,820
\$79***
Bi-weekly



07 Accent GLS

• Loaded, A/C, Auto
• st: 33148
• km: 98363

\$6,850
\$62***
Bi-weekly



07 Honda Civic

• Loaded, A/C, Auto
• st: 31207
• km: 77376

\$11,650
\$106***
Bi-weekly



08 Benz C300

• 4matic, AWD, Loaded, Roof, Lthr, Auto
• st: 33099
• km: 79995

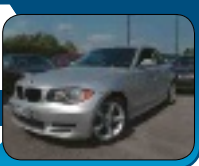
\$26,840
\$235***
Bi-weekly



08 BMW 128i

• Loaded, A/C, Roof, Lthr, Auto
• st: 33071
• km: 78474

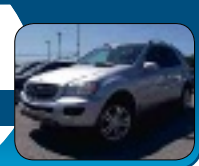
\$21,870
\$192***
Bi-weekly



07 Benz ML320

• Diesel, AWD, NAV, Roof, Lthr, Auto
• st: 32168
• km: 72545

\$32,680
\$304***
Bi-weekly



11 Suzuki Swift

• Loaded, A/C, Auto
• st: 32804
• km: 24243

\$11,960
\$97***
Bi-weekly



07 Pontiac G5 Coupe

• Std
• st: 32965
• km: 55257

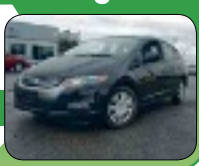
\$7,350
\$67***
Bi-weekly



10 Honda Insight Hybrid

• Loaded, A/C, Auto
• st: 31958
• km: 53737

\$18,800
\$152***
Bi-weekly



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07 VOLVO V50

LOADED, A/C, AUTO • 72601km
st:32108 • **\$16,940** • bw:\$154**

06 GOLF TDI

LOADED, A/C, AUTO • 97917km
st:31923-B • **\$11,750** • bw:\$124*

08 TRIBUTE

LOADED, A/C, AUTO • 95530km
st:33175 • **\$11,950** • bw:\$109**

08 ACCORD

LOADED, A/C • 107112km
st:32664-A • **\$13,750** • bw:\$125**

08 SANTA FE GLS AWD

LOADED, A/C, AUTO • 92401km
st:33044 • **\$14,950** • bw:\$136**

07 FORD RANGER SPORT

A/C, AUTO • km:108878
st:33022 • **\$8,950** • bw:\$82**

11 SONATA

LOADED, A/C, AUTO • 56556km
st:32771 • **\$17,950** • bw:\$145***

11 PATHFINDER

LOADED, A/C, AUTO • 27056km
st:32697 • **\$28,970** • bw:\$224***

09 DODGE JOURNEY

LOADED, A/C • 41987km
st:33068 • **\$13,960** • bw:\$113***

10 GR.CARAVAN SE

STOW N GO, LOADED, A/C • 62166km
st:32867 • **\$15,950** • bw:\$129***

10 FUSION SE

LOADED, A/C, AUTO • 66478km
st:32783 • **\$14,950** • bw:\$127**

10 PATRIOT 4WD

LOADED, A/C, AUTO • 59739km
st:32942 • **\$15,950** • bw:\$129***

10 COROLLA CE

LOADED, A/C, AUTO • 62483km
st:32949 • **\$12,950** • bw:\$112***

07 MAZDA CX-7

LOADED, A/C, ROOF, AUTO • 79946km
st:32910 • **\$16,980** • bw:\$143**

08 MALIBU HYBRID

LOADED, A/C • 93395km
st:33056 • **\$12,850** • bw:\$117**

07 TOYOTA RAV4 4WD

LOADED, A/C, AUTO • 94969km
st:32215 • **\$15,940** • bw:\$153**

08 LIBERTY NORTH EDITION 4WD

3.7L, LOADED, A/C • 42002km
st:11146-A • **\$16,950** • bw:\$154**

11 ESCAPE XLT 4WD

LOADED, A/C, AUTO • 28327km
st:32782 • **\$22,950** • bw:\$178**

10 MATRIX

LOADED, A/C, AUTO • 61657km
st:32449 • **\$14,950** • bw:\$121***

10 SENTRA XTRONIC CVT

LOADED, A/C, AUTO • 65580km
st:33061 • **\$12,450** • bw:\$101**

07 LEGACY AWD

LOADED, A/C, ROOF, AUTO • 79319km
st:28575 • **\$15,950** • bw:\$154**

07 VOLVO XC70 AWD

LOADED, A/C, AUTO, LEATHER
• 112608km st:32911
• **\$16,980** • bw:\$155**

10 ALTIMA 2.5S

LOADED, A/C, AUTO • 75294km
st:32443 • **\$14,950** • bw:\$121***

07 TUCSON 4WD

LOADED, A/C • 84626km
st:33122 • **\$13,970** • bw:\$127**

08 PILOT 4WD

LOADED, A/C, AUTO • 43858km
st:31966 • **\$23,780** • bw:\$208***

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